



4-H CLUBS:

4-Her's
4 Paws
Aquatic All-stars
Blazers
Canine Connections
Clogging Clovers
East County Steer & Swine
Eastside Rabbiters
Florida Crackers
Foxmill Kids & Colts
Fruitville Exceptional Equine
Green Leaf Adventures
The Green Team
Half Pint Pullers
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Horse N Around
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Jr. Cattlemen
Kelly Community Clovers
Little Rascals
Livestock Club
Miakka Allstock
Mini Hooves of Sarasota
Muddy Boots
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New Gate
North Port Explorers
Open Gaits
Positive Teens
Reef Rovers
Ridin' Rednecks
Sarasota AG
Sarasota County Ranchers
Sarasota Sharp Shooters
Sarasota Swine
Southern Spurs
The Club
YMCA Youth
Wood Crafters



The Clover Times



From the Agent's Desk by: Marcia Morris

Can it really be November? The holidays are just around the corner and time will, as always, start flying. October was full of 4H activities. The County Council Officers put on a tremendous Officer Training and Opportunity Awareness Day on October 7th, Congratulations to Sean Russell, Jared Padgett, Sarah Birkhold, Annabell Plush, Laura, Megan, and Kayla Knipper for a wonderful and informative program.

County Council Officers, Sean Russell, Jared Padgett, Molly Miller, Kaila Hess, Annabell Plush, Megan, Laura, and Kayla Knipper represented 4H at the October 10th County Commission meeting to receive the Proclamation for National 4H Week from the commissioners. The program was televised on channel 19.

The "4H Game Show" was the highly popular quiz contest at the October County Council meeting, many questions and 4H facts were used in the contest. Congratulations to all the participants. The spirit stick went to Mini Hooves 4H Club and the best themed member was Madison Chapman from the Reef Rovers.

November 11th is a busy 4H day. Canine Connections 4H club is holding their first dog show during the day and County Council will be hosting their annual dance from 7-11 p.m. in the Potter Building, contact Jared Padgett for tickets or come by the 4H office. Contact Mary Wright for dog show information.

November is a time for reflections. As we stop to remember the sacrifices made by all Veteran's and their families to secure our freedoms, and to remember the courage and struggles of the founding fathers and their families as they left their native lands and came to America to start a new way of life. We all have a lot to remember and be thankful for, the 4H staff wishes everyone a HAPPY THANKSGIVING! We look forward to seeing many of you at the December weigh-ins.

Marcia Morris, 4-H Extension Agent II

The 2006 4-H Walk-A-Thon was GREAT!

The day was perfect, and fun was had by ALL! More than 125 youth and adults participated in the 2006 4-H Foundation Walk-A-Thon. Congratulations and THANK YOU to ALL who walked, collected, donated, sponsored, cooked and helped at this event. It truly takes all of us working as a team to "Make The Best Better". We would like to recognize and thank our 4-H Foundation Members for their support of our Sarasota County 4-H Program!

CONGRATULATIONS to the TOP Juniors, Seniors, and Adults that made this fundraiser a huge success!!!! Sean Russell, Jared Padgett, Shelby Hartshorn, Jacob Sandefur, Shannon Kehoe, Melissa Wilson, Lindsey Routh, Joseph Alyeo, Jamie Bland, Caitlyn Morrison, Laura Knipper, Kayla Knipper, Megan Knipper, Tara Blackburn, Alethea Major, Brant Wroblewski, Chancey Wroblewski, Clay Linthicum, Sydney Linthicum, and Cheyenne Askins. And our adults: Darlene Linthicum, Shelly Linthicum, Jeanette Dick and Merilee Muir. Thanks to ALL!!!



A Salute To Veterans!



Do you know the history of Veterans Day? In 1918, Congress declared the 11th of November as Armistice Day, a legal holiday to remember those who had served in World War I. But in 1954, veterans' organizations lobbied for the holiday to be more inclusive - and Armistice Day was changed to Veterans Day to honor all the veterans who served in the armed forces.

This November 11, there are many ways to commemorate Veterans Day. Learn about our American history as a family, especially America's wars and why they were fought. Fly a flag in front of your home. Show your respect and support - attend the Veterans Day Parade downtown.

Talk to a veteran about what it was like to serve in the armed forces, ask them what their country means to them and how their experiences changed their life.

News Flash!

The 4H awards program is changing reporting forms. As of September 1st there are new record books forms for Cloverbuds, Juniors, Intermediates and Seniors 4H members. These are the forms used to submit for county medals and all 4H record books.

There are new forms for Senior Portfolios and a new form, Building My Portfolio for ages 8-13.

Call the 4H office to get your copies. These will be used for the 2006-2007 year, please throw away any old copies you have.

Here's What We're Doing!!!

November 9th; Holiday Topiary.

Create a beautiful topiary center piece to enjoy for the holiday season. The cost is \$5.00, please call 861-9812 to register by November 2nd.

December 14th Holiday Box

NEW!

Save cards, photo's, recipes and more in these beautiful holiday treasure boxes. The cost is \$5.00, please call 861-9812 to register by December 7th.

Workshops will be held at Twin Lakes Park, 4:45 PM—please don't forget to register with the 4-H office 861-9812.

Check this OUT!!! Pottery Classes...

Pottery classes are scheduled for November 29th 5:30-7:30 PM and December 9th 1:00-3:00 PM at Twin Lakes Park. And again in the new year January 6th 1:00-3:00 PM and January 17th 5:30-7:30 PM.

Pam Wyka will be our instructor and students will have the opportunity learn to create hand built pottery using a slab roller. The cost will be \$5.00 and this will cover the cost of clay, firing and glazing.

This is a great opportunity to learn and be creative! Items can be entered in the 4-H Mini Building. Please call the 4-H Office at 861-9812 to sign-up before November 22nd.

Learn More...

Citizenship Washington Focus (CWF)



Citizenship Washington Focus is a 4-H leadership program for high school youth (15 to 18 years old as of September 1, 2006.) Delegations from across the country attend this 6 day program at the National 4-H Youth Conference Center, located just outside Washington, D.C. The program is aimed at enriching young people's lives by broadening their appreciation and respect for themselves and others in the world. Participants attend workshops, committees, field trips and social events. 4-Hers learn and practice skills that will make them better citizens and more successful individuals.

The cost is \$730, plus transportation. The mode of transportation will be determined after the final size of the Florida delegation has been set. A \$100 deposit and registration must be submitted to the Florida 4-H Events Office by January 15, 2007, the remaining \$630 is due by May 15, 2007. Contact the 4-H Office at 861-9810 for details and registration forms.

Santa bearing Gifts

Adult volunteers, and leaders your invited to a hands on workshop, by Mary Jo Oswald, on December 7th, 9:30AM-1:00PM at Twin Lakes Park conference room A.

Create your own personalized Santa and receive the pattern and instructions to share with your club. The cost for materials is \$5.00, please call 861-9812 to register by November 27th.

Write This Down:

- 4-H Hog and Ham: January 15
- Florida State Fair: February 8-19
- County Events: February 24
- Sarasota County Fair: March 16—25
- District Events: May 5
- Camp Cloverleaf: June 4-8
- 4-H Legislature: June 25—29
- 4-H State Congress: July 23—27

It's A

Date... The next Leader and County Council meetings will be held on Monday, November 20th, 7:30 PM at Twin Lakes Parks. See You There!

Stall Talk...



Mark Your Horse Calendar...

December 2nd	Safety Clinic, Paragon Farms
December 9th	Horse Judging School, Gainesville
January 7th	Practice Show, Paragon Farm
January 26th	Speed Show, Paragon Farm
January 28th	County Pleasure Show, Paragon Farm
February 10th	State Fair Horse Judging Contest
March 14th	Hippology Contest, Orlando
April 14th	State Horse Judging Contest
April 28th-29th	Area E Horse Show, Tampa
June 22nd	State 4-H Horse Events, Gainesville
July 12th - 14th	State 4-H Horse Show, Tampa
August 1-5	Southern Regional 4-H Championships will be held in Memphis TN

The Horse Committee Yard Sale was a great success, thanks to all who participated and helped out at this event! The next Horse Committee Meeting will be November 8th, see you there!

4-H Horse Project Youth, Think Safety First...

Join us Saturday, December 2nd, 11:AM - 2:PM at Paragon Farms. Learn new ideas and review basic safety skills, get great tips on grooming, conditioning and much more!

This is your opportunity to ask questions about record books, bits, rules, or upcoming events. One safety clinic is mandatory for any Sarasota County 4Her that wishes to participate at the Sarasota County 4-H Horse Show. If you attended a previous safety clinic and your are using the same horse, you are not required to attend a second safety clinic. Please bring your health form, coggins, helmet, record book, and your horse of course!

RSVP Nimie Gill 322-2006 or the 4-H Office 861-9810.

Winter is approaching—How Safe is Your Barn?

Statistic show that the two most common times of the year for barn fires are summer and winter. Summer fires are often the result of electrical storms. Winter fires are caused by appliances, rodents crewing through wires, or the accumulation of dust and cobwebs on electrical surfaces.

During winter, barn doors are shut and sometimes heating units are used. Many livestock barns are built of flammable materials and safety measures should be made now to prevent fires. Be sure feed, hay, or shavings are stored properly. Install smoke detectors and fire extinguishers, and enforce a no smoking policy. Electrical wiring in barns and stables should meet safety standards and checked by qualified electricians. Remember, our animals safety depends on us.



Canine Connections 4-H Dog Club First Annual 4-H Dog Show



November 11, 2006 Sarasota Farm Bureau on Palmer Blvd.
The dog show will start at 9 AM

Dog Quiz Bowl contest prior to the dog show at 8AM.

For More information contact Mary Wright, Phone: 941-496-4748 email:
agilitywheaten1@msn.com

2 Goats Looking for a Wonderful Home...

They are SUPER friendly!

The female is 5 years old, and the male (neutered) is 4 years old. Both are pygmy X and white and gold in color (beautiful!) They are free to a good home, call Melinda 927-1788.

PAWS, to Consider...

Dogs see colors, but fewer colors than humans do. They see the world in shades of yellow and blue. Red is difficult for dogs to see and red probably registers as dark gray or even black. Instead of seeing the rainbow as violet, indigo, blue, green, yellow, orange and red as we do, dogs see dark blue, light blue, gray, light yellow, dark yellow and dark gray.



Bunny Needs A Home

A beautiful male, black mini rex (pure-breed) is looking for a home.

He is 22 months old, and very friendly. He has two cages and would be perfect for a 4-H family. Call Nina at 485-0056 for information.

Get You Goat!

The Just Kidding 4-H Goat club will be hosting an open goat show at the Charlotte County Horse Arena on November 12th. This is a one-day tailgate show. Please bring your own pens, cages, tie outs, feed and water containers and lawn chairs. Check-in starts at 12:00 PM. For entry forms or directions call 4-H at 861-9810.



Fair Days Ahead...

Plant Screening

A Plant Screening will be conducted by members of the Florida Nursery Growers Association, on Saturday, November 11th from 9:00 AM - 12 Noon at the Fair (Potter Building Parking lot).

Plants will be checked and identified, record books **MUST BE** up-to-date. All exhibitors must be present with their plants and record book—attendance is mandatory. Please review the Plant Show and Sale rules in your Fair Rules Book pages 37 -39.

Attention: Beef Breeding and Dairy Cattle Exhibitors...

The first entry date for Beef Breeding and Dairy Cattle is Saturday, December 9th at the Sarasota County Fair grounds between 8:00 AM and 10:00AM. Exhibitors must turn in completed entry form and entry fee. All animals will be vaccinated with CattleMaster 4+ L5 and Clostrin 7, Ecoli at this time.

A **second mandatory** vaccine will be administered on Saturday, January 6th between 7:00AM and 9:00AM at the Fair grounds. Cattle shown in the previous year will need only one vaccine.

Please refer to your 2006-2007 Sarasota County Fair Rules Book for all the details!

Attention Swine Exhibitors

The Sarasota County Fair Swine Check-in will be held **Saturday, December 2nd, 7:00 to 10:00 AM** at the Sarasota County Fairgrounds. Please review the "**Swine Rules**" pages **21-22** in your 2006-2007 Fair Rules Book.

Hogs will be ear tagged and inspected. There is no minimum or maximum entry weight. It is suggested that hogs weigh between 65 and 80 pounds at the first weigh-in. If an exhibitor wants their hog weighed, the exhibitor may opt to unload their hog and have it weighed at check in, but it is not required by the Fair Rules.



You must have your **completed** entry form, Bill-Of-Sale, and entry fee and please don't forget to bring your up-to-date "Swine Record" book, it will be signed by the 4-H Agent attending.

Attention Dairy and Pygmy Goat Exhibitors

The official entry date for Dairy and Pygmy goats is Saturday December 9th between 8 AM—10AM at the Sarasota County Fair Grounds. Exhibitors must bring completed entry forms and entry fee to the initial check in.

ALL goats must be certified on the Scrapies Program and be individually, permanently, and legibly identified by a Scrapies-Program approved ear-tag, tattoo, or micro chip. Refer to the Sarasota County Fair rulebook pages 23 and 24.

Try Something New...



Fashion Revue at the Fair

Fashion Revue consists of two categories; Clothing Construction and Clothing Selection. Clothing Construction: garments are sewn from a pattern, entered as a project in the Mini Building, and then modeled on the 4-H stage. Clothing Selection: youth select an outfit and accessories, and model their outfits on the 4-H stage. The categories for both divisions are: Active Sports Wear, School Wear, Dressed for Work, Special Occasion, and My Choice. Fashion Revue entry forms are due January 19 in the 4-H Office by 5:00 PM. The competition at the Fair is Tuesday, March 20th at 7:00 PM.

The Top selected seniors advance to State competition in Gainesville during 4-H Congress held in July. Contact the 4-H Office at 861-9814 for details and project information.

Do you want a challenge? Do you want to really learn about insects? If you answered YES, then YOU should start an Insect Collection. Insect collecting is fun, it's challenging, and it's educational. Best of all, you can show off all your hard work at the Sarasota County Fair and at 4-H Congress. Every year your collection will get bigger and better, and you will learn more and more.

You do not have to attend 4-H Congress to compete.

Competing in the 4-H Bug Club Insect Collection Contest is easy!

Visit 4hbugclub@ifas.ufl.edu and you will be ready to start collecting.



Judging Opportunities... The Sarasota County Fair offers judging contests for 4-Hers; such as Consumer Choices, Dairy Cattle, Horticulture ID, Livestock, Rabbit and Cavy Judging. Trophy's, ribbons, and money are awarded to participating youth. **Did you know** the Top Four Seniors in the Horticulture ID & Judging advance to State Competition at Florida 4-H Congress? Call the 4-H Office 861-9810 for details! Note: **There are NO entry fees for Judging Contest at the 2007 Fair.**



"Cloverbuds" Let's All Get It Right!

Last year Sarasota County implemented a Cloverbud program for youth 5-7 years old. The program was successful and this year we are welcoming our 4-H Cloverbuds back! However, some youth, parents and leaders were confused as to the participation level for 5-7 year olds. So here are some things to remember:

Cloverbuds will not be allowed to enroll in any large animal projects (i.e. sheep, goat, swine, beef, dairy, llama, ostrich, horse) or participate in any livestock or horse shows. This policy does not prohibit 5-7 year olds from learning about large animals through attendance meetings or field trips. **They cannot participate in 4-H activities that bring them in contact with large animals due to safety and insurance considerations.** Cloverbuds will be limited to "lap animals" only. This age group will focus on animals that provide companionship as opposed to production animals. (A 4-Her must be 8 years of age at the beginning of the current 4-H program year, September 1, in order to enroll in a 4-H large animal project).

Shooting sports and motorized vehicle 4-H programs will not permit the participation of 5-7 year olds. Again, safety and insurance considerations are the reasons for this stipulation.

Summer residential camping programs (such as Camp Cloverleaf), operating in cooperation with the University of Florida 4-H programs, are not designed to address the unique developmental and supervisory needs of 5-7 year olds. Therefore, this age group is not eligible to participate in these residential camping programs.

Cloverbuds are ineligible to participate in competitive activities at any level (club, county, district, state, national, or international). However, they may exhibit or share project activities at a participation level for feedback. "Participation" awards rather than "placement" awards should be given to Cloverbuds.

Cloverbuds may exhibit 1 item, for participation only, in the 4-H Mini Building. This item must have been completed as a 4-H project during the current 4-H year. The 4-H Office has the following project books available for Cloverbud members: All About Animals / Earth Connections / Food-Fun-Fitness / Horse Safety / Plant Connections / World of Animals.

Cloverbuds may submit a "MY 4-H CLOVERBUD PROJECT SUMMARY" to receive a 4-H year pin.

Please share with parents these guidelines set by our Florida 4-H Youth Program. And as always, contact the 4-H Office if you have any questions about Cloverbud eligibility or participation.

Establishing and Chartering a 4-H Club

Florida 4-H has established criteria for enrolling clubs as an "official 4-H Club". Official enrollment and receipt of a 4-H Club Charter gives the club the authority to use the 4-H name and emblem. Clubs must be chartered through a request to the 4-H Extension Office, meeting the minimum criteria and receiving written approval. Criteria for 4-H clubs in Florida are as follows:

- The club has five members (from at least two families) with completed enrollments.
- The club is organized with youth officers.
- There are one or more appointed club volunteers, following application, screening and training.
- An initial meeting place is secured for at least several consecutive months.
- An official non-discriminatory club name is chosen.
- Club rules, which may be in the form of by-laws, are established.
- At least six or more regular meetings plus project meetings are scheduled.
- A written educational plan/calendar for the club program and activities is presented to the county 4-H office (a draft is okay).



When requesting a Club Charter the Charter Application Form should be completed by the Club Secretary and signed by the Club President, Club Volunteer and Extension Faculty. Once completed, the Extension Faculty will then forward the request to the State 4-H Office.

Official Chartered 4-H Clubs can use the name and emblem of 4-H. Individual clubs may have continuous use of their charter over many years, however, an Annual Request for Charter, is required from all clubs. This form is due September 1 of the current 4-H year. Forms to establish your club charter, or to renew your annual charter are available at the 4-H Office.



Winter Health

Once the chill is in the air, our bodies begin to want to conserve energy to use as heat. We tend to eat a little more and become a little less active. Being cooped up inside can lead to the "cold-weather blahs" and a few extra pounds.

A good way to kick this feeling is to get out and play! Winter can be a great time for family activities, and spending time together while keeping in shape.

Wash your hands!

You've heard it over and over again... and you are probably tired of hearing it. But, flu season is here! And washing your hands is the number one thing, the most powerful thing; you can do to keep from getting the flu.

By washing your hands frequently (especially when you are sick), you can reduce the spread of germs. Cover your face when you sneeze or cough. You should always wash your hands; not only when you blow your nose or cough, but when you touch anything that lots of other people have touch: door-knobs, gas pumps, shopping carts, anything.

When there is no soap or water available, use water-less hand soaps, wipes, or towelettes. Proper and frequent hand washing is the key to preventing the spread of germs.

Game Day!



It's November and youth sports and activities are in full swing. Kids need to eat well balanced meals and have a healthy diet, but does your child need to eat the "right mix" of foods to support that higher level of activity? That "right mix" might not be too different than what is considered a "health diet". Eating for sports should be an extension of *healthy eating for life*.

It's important for your child to eat healthy on game days, but make sure your child eats at least 2 hours before the event - early enough to digest the food before the game. It should have plenty of carbohydrates and protein and be low in fat, because fat is harder to digest and can cause an upset stomach.

After the game or event, it's a good idea to make sure your child gets a well-balanced meal. Your child's body will be rebuilding muscle and restoring carbohydrates and fluids for up to 24 hours after the competition. So it's important that your child gets plenty of protein, fat, and carbohydrates in the post-game hours.

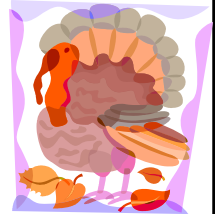
And drink-up! It's also very important for young athletes to drink plenty of fluid to avoid any heat illness and dehydration, which can zap a child's strength, energy, and coordination that lead to other health problems.

Holiday Feast

So you've been looking forward to Thanksgiving dinner — turkey, mashed potatoes, cranberry sauce, and pumpkin pie. Mmm-mmm! But after you finish that second helping, do you start to feel a little sleepy? Is gobbling up all that turkey really to blame? Not exactly. Instead of just the turkey being to blame, nutrition experts and scientists believe that one reason you may feel sleepy after your Thanksgiving feast is because of all those carbs you just ate! Carbohydrates are found in starchy and sugar-containing foods like breads, yams, potatoes, pumpkin pie, and other yummy Thanksgiving desserts.

And there is another reason why this special meal might make you drowsy. Eating a big Thanksgiving dinner causes increased blood flow to the stomach and less blood flow to the brain.

So, just how do you avoid that sleepy feeling on Turkey Day? Don't starve yourself in anticipation of the feast. Have small portions, and include fruits and veggies, and try not to eat too many carbohydrates. Drink water and stop eating once you're full — there will always be leftovers for tomorrow. Finally, take a walk outside afterward to digest your meal. This will make you feel a lot better than crashing on the couch.



Have a Happy, Healthy Thanksgiving — gobble, gobble!

DON'T GIVE IN WHEN YOU EAT OUT

In today's busy world we are eating more and more meals away from home. It's important to make smart, healthy food choices and watch portion sizes.

When you eat out, you may have less control over how foods are prepared and what ingredients are used, but which foods you eat and in what amounts is YOUR choice. The following ideas may help you place an order that's good for you.

Appetizers: Enjoy steamed seafood, raw veggies, or fruit, Order a cup of tomato or broth-based soup

Entries: Order meat, fish, or poultry that is broiled, roasted, poached, or steamed, Select leaner cuts of meat and trim visible fat

Salads and Vegetables: Order salad dressing on the side, dip your fork in the dressing, then in the salad, Choose plain fresh vegetables, or fruit

Breads: Choose whole-grain breads or bread sticks, Limit margarine, butter, and cheese spreads - Enjoy the flavor of bread alone!

Drinks: Water is the best, add a slice of lemon or lime.

News From Out There...



Horse 'N Around; by Maxim Lowe

September 26, 2006, we had our 2nd meeting of the year. Danielle Gill reported on the last County Council meeting. Please, try to go to these meetings held the 3rd Monday of the month at 7:30 p.m. Elizabeth Hall did the treasurer and secretary reports. We elected Shelby Hartshorn as secretary. We also tried to elect a vice president, but nobody chose to be it.

Community Service: We collected used Lego bricks to help new schools in New Orleans after Hurricane Katharina. We are now collecting old blankets and towels to give to the Humane Society to line up dog and cat kennels.

We talked about possibilities for a fundraiser, such as selling donuts at local churches. We also are planning on doing a t-shirt design for our club this year.

We talked about some important dates such as:

- The Walk-A-Thon October 21
- South Lido seining trip October 28 (the last one was canceled due to red tide)

After that we made a craft using small pots and painting on Halloween faces, then putting in dirt with grass seeds for hair. Before we left we gave our enrollment forms and payments to Elizabeth.

Mini Hooves: by Shelby Stasik

Hi Everybody, My name is Shelby Stasik I am the new reporter this year for the Mini Hooves club. Our other new officers this year are President Torrie Bachman, Vice President Morgan Holdsworth, Secretary Alex Kirkley, Treasure Reba Wolf, Scrap Book Arika Brown and Enriqueta Balandra.

I will let you know who our Cloverbud officers are next month. This is starting out to be a great year, our club has grown a lot we have a bunch of new members about 45 members now.

The last meeting we talked about our club fundraisers which are Sally Foster and the Pumpkin Festival at Fruitville Grove. Don't forget about the Walkathon in October at the Myakka Park.

On October 14th Nimie Gill from Paragon Farms will be coming to our meeting to help us with horse safety. She knows a lot about horse safety at shows and we really want to thank her for helping us on the 14th.

I just got back from Fort Worth Texas competing at the 2006 World Championship Miniature Horse Show. There were 3 of us there from our club Torrie Bachman, Morgan Holdsworth and me. We had a great time showing our horses it was a blast. We want to thank Ms. Tem and the trainers from Show Time Training Center, Roger Addis and Dale Gangert we couldn't have done it with out you guys. Bye until next month, Shelby Stasik

Kelly Community Clovers; by Ashlee Gainey

Our last meeting was Oct. 10, 2006. We planned the park clean-up that we will have Saturday November 18, 2006 at 8 AM we will have lunch after the clean-up. We have adopted Locklear Park as part of our community service. We will be having our Halloween party Nov 3, 2006 at 7 PM. We are also planning for the Walk-A-Thon on Oct 21, 2006 we have signed up for a water table. We will be doing Fire Safety and Food Fun and Fitness together as a club this year. We also would like to WELCOME back David Yoder who was in our club moved away and now is back and going to join us this year. We are still open for new members and would like to invite any if interested to join us at our Tuesday night meetings at 6 PM. You can call Jeanette Dick at Home 941-365-5574 or Cell 941-321-2782. Thank you, Ashlee Gainey

Green Team by: Kayla Knipper

Hello 4-Hers! Our Green Team meeting was on October 10th. Mrs. Russell talked about the 4-H Walk-a-thon on October 21st. Like last year, they will provide lunch and have T-shirts. This is such a fun event. I hope many of you come out and walk for 4-H. We also talked about our next beach clean-up in November.

At this meeting, we did a mock contest of the 4-H Marine Ecology Event. There was a plant table, an invertebrate table, and a fish table. After identifying the things on the tables, we went through the multiple choice questions. This will really help us do better at the contest. This exciting contest will be on Oct. 28th.

This time the craft was painting T-shirts for the Marine Ecology Event. Some people used stencils, others chose free hand painting. They all look great!

Homegrown Explorers by: Heidi Schwartz

Greetings! Our club has definitely set foot on our quest to have a fun and gratifying year. We have discussed the various important details and projects, and have made serious headway in the decision making of the community service and fun raising events for the 4-H year to come.

A few select members of our club also attended the Officer's Training Workshop on Saturday, October 7th. It was a very well conducted and informative meeting! Although the record books and demonstration forms may seem intimidating, we 4-Hers put our hearts into our tasks, strive for the best, and in the end succeed beyond our own expectations. I think we are all proud to be a part of such a respected and supportive union. I know I am! Have a happy October everyone!!!



Miakka Allstock's Summer Report by: Arielle Macuch

A great way to kick off a successful year in 4-H is to begin with our quickly learning council members. Elected this summer for President of our club is Drayton Lutz, with Vice Pres. as Tessa Cunningham, Treasurer-George Birkhold, Secretary-Alissa Cunningham, Reporter- Arielle Macuch (hey that's mel) County Council-Sarah Birkhold, C.C. alternate- Crystal Doorman, Historian- Mary Birkhold and Bailey Martin, Chaplain- Carly Scarbrough, Elections Officer-Jaime Bland, and Sergeant of Arms- Sampson Jones and Nicole Wittmer.

Being held during our hottest season- in the middle of a scorching summer- some of our club members cooled off in the Ichnetuckee River. The participants of the camping event were as follows: Drayton, Madison Dean, Susie Lutz, Michael, Carly, David, Carrie, Mr. Dean, Shadd, Tayla, Taran, Lorrie, Mr. Graber, Maurie and Kaci. The Tubers were Trevor, Tressie, Mrs. Brown, Jonathon Hopkins, Aaron Bontrager, Matt, Sarah, Mr. & Mrs. O'Brien.

Other members entered into the 4-H spirit by being a part of Camp Cloverleaf at Lake Placid. Those attending were Shadd and Taran Graber, Syllas and Samson Jones, Austin Kaufman, Madison and Drayton Lutz, Bailey Martin, Dylan Messenger, George, Sarah, and Mary Birkhold, Jaime Bland, Aaron and Raymond Bontrager, Trevor Brown, Michael Dean, Crystal Doorman, and Tayla Graber, and myself. I must say that the week at camp was a learning experience and vacation from home all in one, whether we were developing infallible hiding strategies to counter our enemy seekers or just taking it nice and easy while touring the nature walk.

As if the Ichnetuckee River trip and 4-H Camp weren't enough action for the All-Stock Club, one dedicated fellow member indulged herself in a great expansion of the mind through Dairy Camp and participating in the exciting Dairy Quiz Bowl. Who was this mystery 4-H member? None other than Kaci Duggan, still talented- still faithful.

Some more achievers to be acknowledged are George Birkhold, Jaime Bland, and Michael Dean in Shooting Sports; and our horsey girls, Bree and Carly Scarbrough, are still taking great strides (whether at a walk, jog, or canter) to receive those fancy awards.

Our final hats go off to those of you who worked hard to serve others in painting the Old Miakka Methodist Church's fellowship hall. The workers should be recognized for their community involvement. There was Tessa, Alissa and Mr. Cunningham, Maurie and Kaci Duggan, Heidi and Trevor Brown, Dean and Drayton Lutz, Sarah, George and Mary Birkhold, Lorrie, Shadd, Dylan, Tayla and Taran Graber, Dylan and Lisa Messenger, Sarah, Kelly, Syllas and Sampson Jones, Cameron Smith, Aaron and Ray Bontrager, Carrie, Michael and David Dean. Well done, friends! We are all impressed with your acts of giving and hope that even more people will pitch in for the next services planned for our community.

Our new news includes our Annual Bar-B-Q fundraising. It was held on October 14th from 11:00 to 3:00 at the Old Miakka Methodist church. We had chicken, pork, some good fish, and an even better chance to meet our supporters up close and in person. Thank everyone who came in order to be a part of our large, annual Bar-B-Q event!

We've had three meetings so far this year, and they've gone over fairly well. Let this serve as a quick reminder for those of you with projects this year to check the calendar for upcoming deadlines and don't wait until the last minute to start your record books. It's NEVER too early to begin, so be easy on yourselves- the more you can get cracking on now, the less you will have to catch up with later. ~words of encouragement from our reporter, Arielle Macuch

The Reef Rovers- By Madison N. Chapman

The Reef Rovers recently took part in a storm drain marking at the Sapphire Shores- Indian Beach neighborhood. Storm drain markers are plastic plaques that can be glued onto storm drains with adhesive. They encourage people not to dump pollutants and litter in the storm drain. Our club marked over 100 of them and had a blast. It was a fun activity that helped us earn community service hours. Anybody interested in a storm drain marking can contact Julia Burch from the Sarasota Bay Estuary Program at 941-955-8085. Or you can e-mail her at julia@satasotabay.org.

The topic of our October meeting was ground water. 4H representative Keith Wilson taught the Reef Rovers about where their water comes from and the importance of keeping it clean. Mr. Wilson brought an activity to show us how pollution seeps into the ground and into our aquifers, which is where we get our water. The Reef Rovers learned a lot about ground water and would like to thank Mr. Wilson for his wonderful presentation.

*I pledge,
My Head
to clearer thinking,
My Heart
to greater loyalty,
My Hands
to larger service,
And My Health
to better living,
For my club, my community,
My country and my world.*





News From Out There...

Aquatic Allstars by: Danika Yoder

At our October meeting we went seine netting and Gopher Tortoise scouting at Caspersons Beach, but first we got business out of the way. We found a comfy spot at a picnic table in the shade where the first two marine life speeches were given: Chad told us all about the life cycle and many kinds of salmon; and I told everyone about different kinds of jellyfish and how dangerous they are. (Can you guess why scientist call them "Medusa"?) Then we headed down to the beach. The sun was out, the red tide was gone, and there was lots of fish, but they were all in the deeper water. The only things we caught were two pin fish and bunches of minnows. Since we were not having very good luck and the weather was beautiful, we gave up and went on a nature hike. The trails at Casperson were great. Mr. Wilson wanted us to look for gopher tortoises; we all saw some holes, but the only actual tortoise we found ran from one of our 4-H dads. No matter. We enjoyed the cooler weather, cleaner beaches and each other!

½ Pint Pullers; by Shannon Kehoe

On September 29, 2006 we had our first meeting. The 1st thing we did when we got there was name the club. We all voted for our favorite name and ½ Pint Pullers was elected as our name. Afterwards we directly got started on electing officers. Our President is Bianca Wimmer, Vice President Cheyenne Parker, Secretary Hailey Ball, Treasure is Bailey Martin and reporter is Shannon Kehoe. Congratulation to all our officers I'm sure they will do a great job.

So far this year The ½ Pint Pullers have done 2 fundraises. The 1st was a car wash which we were very successful with, the other fundraiser we did was at Fruitville Grove, which we were also very successful. We are trying to raise money to purchase carts for the club.

I'd like to congratulate everyone who went to the AMHR and AMHA national shows, those people are Morgan, Shelby, Torrie and Bianca.

The ½ Pint Pullers are off to a fun filled busy 1st year.

Ridin Rednecks by: Stephanie Tabar

October has been sales month for us to sell Red Wheel foods. This enables our club to have money to do crafts, scholarships, round up dinner, Holiday party, year end outing, and a banquet at the end of the year. We hope everyone met the quota of selling 15 items so we can have a pizza party. Also, the top sales people will win money. More results in next months news! Our guest speaker was Joe Padgett speaking about brush fires. We played a fun game to be able to get to know each other better. It really works!

At the second meeting, Mr. Strickland and Sydney Linthicum taught us how to tie a Quick Release knot. We divided into groups and had a competition to see who learned the fastest. This activity was fun and we learned how important it is to know how to tie up your animals. Mrs. Tabar handed out the record books ordered and we discussed our shirts. We may re-order the one we designed last year or design a new one this year. This way we will all have a shirt to wear for outings and events. We will be talking about our trip to get pigs and the housing for them in the month of November so everyone will know and have all the information. Gabby Robinson gave a report on her steer. Several of us are walking in the 4-H Walkathon and we also are handling the food for the Florida House Annual Plant Sale which occurred on October 14th. We are selling sodas, lemonade, brownies, cookies, apples, and hot dogs. We will work in shifts and hopefully make money as well as do a community service for Florida House. The pictures show our members set up and our group as the work was finished. A couple members were already gone but had worked with us.

Jarrod Chapman is lining up our speakers and setting the schedule for demonstrations. Mr. and Mrs. Harkness will be setting up our craft days soon and we will have our "Red Wheel Sales" pick up on Friday, November 3rd from 5-7:30 PM.

Clogging Clovers by: Allison Bisel

Hi everyone We elected officers at our last meeting. Here they are. President: Pearl Scarbrough Vice President: Allison Bisel County Council: Tracy Reed County Council Alternates: Allison Scarbrough Secretary: Olivia White Reporter: Allison Bisel Treasurer: Haley Coles Historian: Rebecca Griffin

We would like to give a BIG thanks to Mr. Tom Houser and Mr. Edward Griffin for all their help at the pumpkin fest. Also, a BIG thanks to Jeff Hiler for making all the yummy cotton candy. We had a lot of fun at the pumpkin fest so far. Well I will see you later.



Blazers by: Rebecca Griffin

We have several members raising State Fair pigs this year. They are John Karl Albritton, Gavin Albritton, Houston Burnett, Justin Burnett and D.J. Lewis.

Soon we will be getting our county fair pigs. At our last meeting we learned about picking out a good pig, what to look for and how to do it. See you at the next meeting.

Canine Connections by: Jovana & Asia

Hi everyone! We can't believe a month has gone by, a lot has happened here at Canine Connections 4-H Club. The last six weeks have been about obedience and rally. Starting this weekend we will be starting showmanship. Lots to learn!!

Mary Wright, our Leader, has ordered leashes and collars for showmanship and they are available to purchase the weekend of the 21st of Oct. Hope everyone buys one!!

Don't forget that there's a dog Show 'n Go on Oct 28th and that members should plan to participate in the event. This will be the first show our club is participating in. For some of our members it will be their very first show. Good Luck to everyone!! We have been able to find all but one judge for our up and coming dog show on Nov. 11th. Don't forget you can get an entry form at the State 4-H Dog website: <http://www.fl4-h-dog.com/sarasota.htm>.

Well bye for now and we'll be seeing everyone in class very soon.



Hello Sarasota County 4-Hers,

My Name is Mylo Cheng, your Florida 4-H State President. I do not want to miss this opportunity to share with you the fabulous possibilities that await you at the State Level in 4-H.

I would like to begin by explaining to you Florida 4-H State Congress which marks the beginning and the end of the Florida 4-H year. At this event, which usually takes place the last week of July, all types of 4-Hers are able to participate in their interests. Attendees can do Share-The-Fun, give demonstrations, speeches, and illustrated talks, do Fashion Review, go tubing down a river, attend awesome workshops, and even be elected or appointed as a Florida State Council Officer. It is an amazing experience for any Senior 4-Her.

After Congress, the newly elected State Officers have about one month to plan and prepare for First Executive Board. Executive Board meetings occur three times a year. First and Second executive boards are limited to only the State Council Officers, the Presidential Appointees, and three district representatives. However, Third Executive Board, which will be held this year on March 16 -18, is open to all Senior 4-Hers. At these three executive board weekends, board members are divided into committees which plan and implement all of the activities that happen at State Level in Florida 4-H.

One of the committees plan "LAW - Leadership Adventure Weekend", which takes place in January and February. This weekend is an excellent opportunity for many 4-Hers; 11-13 year olds are invited to attend, and senior 4-Hers are invited to teach workshops. At this weekend 4-Hers learn valuable leadership skills that they can take back to their clubs, counties, and districts. I would strongly encourage all intermediate Sarasota 4-Hers to begin to make plans to attend Leadership Adventure Weekend. It is a chance you will not want to miss.

During the summer, another great event for Senior 4-Hers is held at the State Capitol in Tallahassee, Florida. It is called Florida 4-H Legislature. At this event 4-Hers enact the real legislative process by operating a full House of Representatives and Senate in actual chambers in the capitol building. This is my favorite personal 4-H event because it is such an explosive week of energy where bills are passed, amended, and vetoed. After attending Florida 4-H Legislature, you will understand why so many 4-Hers become real politicians. It is an experience of a lifetime.

I encourage each of you to step out of your personal comfort zones this year in 4-H. The possibilities are literally endless in 4-H if you realize the YOU CAN MAKE A DIFFERENCE! If you are a Senior 4-Her, come and explore Third Executive Board, Legislature, and Congress. If you are an Intermediate, don't miss the opportunity to attend Leadership Adventure Weekend this year. I look forward to seeing all of you at State Events and meeting each and every one of you.

Proud to serve Florida 4-H, Mylo Cheng, State President.

The InFOURmant; Did you know... Florida 4-H has a newsletter to keep you informed about State happenings.

Alyssa Chamberlin is the 2006/2007 State Council Reporter and she will be reporting to you about state activities, events, and projects throughout the year. Alyssa is very excited about the up coming year and would like to encourage 4-Hers to e-mail articles, pictures (with captions), icebreaker games, etc. to her at lyssa74@gmail.com "It would be great to have the InFOURmant show 4-Hers what's going on around the state" said Alyssa. Be sure to include community service projects, fairs, special 4-H events, etc.— anything you want Florida 4-Hers to know is happening in your county or district.

The InFOURmant can be found on the Florida 4-H web-site at 4h.ifas.ufl.edu.





County Council by: Laura Knipper

Hi 4-Hers! Our Last County Council Meeting was held on October 18th at 7:30 pm. This meeting's theme was western. Great job to every one who got in the spirit! The Reef Rovers received the Spirit Award (best dressed for the theme) and the Mini Hooves got the Spirit Stick (club with the most attendance.) Keep up the good work! Club reports were given by Open Gaits, Horse N Around, Green Team, Southern Spurs, Reef Rovers, Myakka Ranchers, Miakka Allstock, Ridin' Red Necks, and Canine Connections. The following activities were announced: 4-H Foundation Walk-A-Thon on Oct. 21st, Holiday Candy Dish craft on Oct.26th (register to 4-H office by the 19th), Plant Workshop at Drymon's Nursery on Oct.28th, mandatory plant screening at the fair grounds on Nov. 11th, and the 4-H and FFA Dance on Nov. 11th.

We also discussed the Kids That Care project. On December 4th we will be going to the Salvation Army and hosting a Christmas party for the kids there. Remember to bring a toy for them to your next club meeting or the next County Council Meeting. Kids That Care will also be going to a nursing home on December 9th. We will perform a musical/talent show and hand out Christmas cards to the residents which we will make at the next County Council Meeting.

Speaking of the next County Council Meeting, it will be held on November 15th at 7:30, at Twin Lakes Park. The theme for this meeting will be camouflage, so get out your outfit and get ready to have a blast! We will also be having 2 door prize drawings since we didn't have one in October. There are some pretty nice prizes and all 4-Hers who come to the meeting get a chance to win!

Well, back to the October meeting. After the announcements we were ready to have some fun! And everyone participated in the 4-H game show! We were asked all kinds of 4-H related questions. Some were pretty easy, but there were plenty of hard ones too! Great job to the winners on team 3! Everyone else did a really awesome job too, and we all had lots of fun! After that we split into 2 groups for committee meetings. One group discussed community service, and the other talked about fund raising ideas. Each group came up with some really good plans. Afterwards we filled the last County Council officer position. Congratulations Kayla Knipper who is our new parliamentarian. I'm sure she will do a wonderful job!

To end our meeting we had juice, pretzels, and popcorn as refreshments. Remember, any 4-Her can attend the County Council Meetings, all you have to do is come! So until next time, keep on making the Best, BETTER!

Who will be Crowned 2007 4-H King and Queen Clover?

Once again County Council is sponsoring the "4-H King and Queen Clover Contest". Any 4-H member who would like to participate in this fundraiser is welcome to fill out an application (below) and return it to the 4-H Office by December 1st.

Candidates are asked to raise funds (change, dollars, or checks) through March 10th (Fair Work Day). Each penny collected will count as one vote (example: \$1.00 = 100 pennies or 100 votes). The funds will be collected at Work Day by the 4H Staff, the votes will be counted, and the 2007 King and Queen Clover, and their court; Prince and Princess, Duke and Duchess will be crowned on Saturday, March 24th during the 4-H Awards Ceremony on the 4-H Stage.

Of course participation in this contest is entirely voluntary. This is a fundraiser for 4-H County Council and good sportsmanship should prevail, as at all 4-H activities.

King and Queen Clover Contest

Name: _____ Age: _____ Club: _____

Address: _____

I understand the King and Queen Clover Contest is a fundraiser for the County 4-H Council. All money raised by my participation will be donated to the Sarasota County 4-H Council.



_____ Signed



Applications are due at the 4-H Office by Friday, December 1st, 2006.

Make Your Plans NOW!



November 2006

- 8 Horse Advisory Meeting
- 9 4-H Project Workshop
- 11 Plant Screening
County Wide 4-H Dance
- 13 4-H Foundation Meeting
- 20 Leader and Council Meeting
- 23 Happy Thanksgiving!
(4-H Office Closed 23 & 24)

November 2nd
National Men
Make Dinner Day!

December 2006

- 1 King & Queen Clover Forms Due
- 2 Swine Weigh-in
- 9 Beef Breeding, Dairy Cattle and Goat Entries
- 11 4-H Foundation Meeting
- 13 Horse Advisory Meeting
- 14 Project Workshop
- 18 Leader and Council Meetings
- 25 *Merry Christmas!* The 4-H office will be closed on the 22 - 25

Protect Your Environment

Tree Facts You Should Know

- ☐ Trees clean the air. An acre can remove about 13 tons of dusts, gases, and pollutants from the atmosphere every year.
- ☐ Trees produce the oxygen that we breathe. The pine tree is the oxygen factory of the south, producing more oxygen than any other tree!
- ☐ One mature tree can produce enough oxygen for a family of four for one year
- ☐ Trees conserve energy. A home shaded by trees can reduce its air conditioning costs by almost 50%!
- ☐ Trees lower surrounding air temperatures by as much as 15 degrees!
- ☐ Trees provide homes for wildlife. The pine tree is home to over 11 different species of birds, more than any other tree in Florida!
- ☐ Trees reduce noise pollution by acting as sound barriers. Each 100-foot width of trees can absorb about 6-8 decibels of sound intensity.
- ☐ Trees absorb carbon dioxide (car emissions: air pollution) through the scientific process of carbon sequestration.

So go ahead, HUG A TREE!

4-H and FFA Dance
November 11, 2006
7p.m- 11p.m.



Potter Building
Tickets \$ 5.00 Each

Guests are welcome
at the same price and
adult chaperones are **FREE!**
We will have an awesome D.J.
Pizza, Drinks, and Snacks will be sold!
Tickets will be available through County Council
members beginning in September.

Contact Jared Padgett for more information at:
925-3175

4-H

Happy Birthday! Gage Albritton, Erica Anderson, Jennifer Arnold, Hailey Ball, Elise Beebe, Sarah Birkhold, Alyssa Bowman, Andrea Boyd, Kelsey Buettner, Autumn Byrd, Ashley D'Amore, Steven DeSantis, Brittany Drymon, Tyler Gilbert, David Harrawood, Rhiannon Johnson, Stephani Kelly, Cierra Kuriata, Bailey Martin, Jesse McKinley, Andrew McWilliams, Hilton Morgan, Jamie Morrison, Tiler Mullet, Morgan Najm, Katie O'Connor, Caitlin Payne, Devin Payne, Sabrina Prahm, Ryan Rametta, Lisa Richards, Tiffany Runge, Jaysa Sallis, Cory Schurr, Taygen Sufferling, Shelby Swartz, Ashleigh Tucker, Susannah Ursu, Tanya Wagler, Jeremy Whitton, Justin Williams, Laney Williams, Emily Wilson, and Dylan Woodward.

Happy Birthday
to YOU!!!

