

4-H CLUBS:

- 4 Paws
- Animal Crackers
- B & S Farms
- Badger's Den Productions
- Blazers
- Canine Connections
- Clogging Clovers
- Country Critters
- Eagles
- East County Steer & Swine
- Eastside Rabbiters
- Florida Crackers
- Foxmill Kids & Colts
- Fruitville Exceptional Equine
- Green Thumbs
- The Green Team
- Half Pint Pullers
- Home Grown Explorers
- Horse N Around
- Indian Creek 4-H Club
- Jr. Cattlemen
- Kelly Community Clovers
- Little Rascals
- Livestock Club
- Miakka Allstock
- Mini Hooves of Sarasota
- Muddy Boots
- Myakka Ranchers
- Open Gaits
- Reef Rovers
- Ridin' Rednecks
- Sarasota County Ranchers
- Sarasota Sharp Shooters
- Sarasota Swine
- Southern Spurs
- The Group
- Venice Bits & Spurs



The Clover Times

October 2008



FROM THE AGENTS DESK- by Marcia Morris

Hello and Happy October!

This is such a busy and exciting month for Sarasota County 4-H! October 1st is our re-enrollment deadline! Everyone should be registered by this date to be a member in good standing, and to participate in the fair. National 4-H week is October 5th -11th. To celebrate we will be joining 4-H members from around the county with our annual Awards and Recognition Night on Wednesday October 8th. See inside for details. Saturday October 11th is the Opportunity Awareness and Officer Training Day, and Tuesday October 14th County Council officers will be accepting a proclamation from Sarasota County Commissioners for 4-H week.

There is much to see and do. Hopefully many of you have read Stephanie Farmers article in Farm and Ranch News. She points out the need for this year to be the year for 4-H members, leaders, and friends to WEAR YOUR GREEN, to promote the 4-H presence. As we turn towards our centennial year we really need to let the public know how many 4-H folks are out and about. Many times there are 4-H members out in public but no one notices because we don't wear our 4-H green. Think about this during the coming year.

County Council meetings are off to a great start. Welcome new and returning club delegates. The council will host their first community service project at the Salvation Army Oct. 30th, for more details contact council President Jared Padgett.

Hats off to the members of the Sarasota County 4-H Foundation for all their hard work in the recent Cowboy Hoedown, benefiting 4-H members, and thank you to all the clubs who donated baskets!!!!



Marcia Morris, 4-H Extension Agent II

*I pledge,
 My Head
 to clearer thinking,
 My Heart
 to greater loyalty,
 My Hands
 to larger service,
 And My Health
 to better living,
 For my club, my community,
 My country and my world.*

National 4H Week is October 5th—11th



For this year's National 4-H week, youth across the country will be "Keeping It Green" by raising awareness about environmental issues.



You are invited...
A Special Night Of Recognition

Wednesday, October 8th, 2008

*Check-in at 6:30 PM,
Program begins promptly at 7:00 PM*

Potter Building, Sarasota Fair Grounds

Join us for this special event as we recognize 4-H Youth, Leaders, Volunteers, and Friends of 4-H for all their accomplishments throughout the 2007-2008 4-H Year.

Youth will receive record book ribbons, year pins, project medals, and special awards. Leaders will receive year pins, and we will be announcing our Sarasota County Leader of the Year!

RSVP the 4-H Office at 861-9812 by October 1st.

We ask that everyone dress in 4-H attire, or Sunday best. Please bring your favorite dessert or healthy snack to share, drinks will be provided.



4-H Doesn't Slow Down!



4-H To Receive Proclamation!

The Board of County Commissioners will recognize 4-H in honor of **National 4-H Week** during their commissioners meeting on October 14th. Members of our County Council will attend this meeting to accept the proclamation. This is a great opportunity for 4-H youth to experience government in action.

Mark Your Calendars!

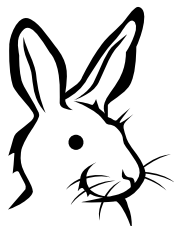
October 2nd Painted Pumpkins Come join the fun! This is a no cost workshop, just bring your own pumpkin or gourd and we will supply paint, glitter and more. Enjoy your holiday decoration all season. Please register by September 24th; 861-9812.



November 6th Blessing Box Count your blessings as you craft a colorful, decorative holiday box. Your box can be use as a center piece or seasonal decoration. The cost is \$5.00 and please register by October 29th; 861-9812

Don't miss out on these fun workshops. Any 4-Her can attend, please register with the 4-H Office at 861-9812.

Bunnies need a new home!



Two purebred Lionheads (male/female) and two purebred Mini Rex (male/female). All come with cages and are free to a good home. Make excellent breeders for a 4-H project! Call Joan 809-2536 for more information.

4-H SHOOTING SPORTS INSTRUCTOR TRAINING

YMCA Camp McConnell - November 14 -16, 2008

Interested 4-H volunteers are invited to participate in a weekend training on the National 4-H Shooting Sports Program. The Three Day Training Is To Include: Hands-on instruction on a range in how to "teach" the skill of shooting to young people; Instruction in one of the following disciplines: archery, hunting, muzzle loading, rifle, or shotgun; Natural resource activities related to shooting sports; A life skills approach to teaching youth shooting skills; In-depth safety procedures of shooting; Overview of National and Florida's 4-H Shooting Sports Program; and Participants will be certified as 4-H Shooting Sports instructors.

The cost for the training is \$85.00 per person, to cover lodging, meals, insurance, and supplies. Contact the 4-H Office for registration forms. **REGISTRATION DEADLINE:** Polk County Extension Office, **THURSDAY, October 23, 2008**

4-H Officer and

Opportunity Awareness Day

Who: Any Sarasota County 4-H Member or Non-4-H Member

When: October 11th Time: 10:00-12:00
(registration 9:30)

Where: Twin Lakes Park

What: 4-H Opportunity Awareness Day is designed for youth, parents and 4-H leaders who want to learn more about the 4-H program. Come learn about 4-H camping opportunities throughout the state as well as state and national 4-H events. Find out about the many competitive events 4-H offers including demonstrations, public speaking, judging events, and how to get started showing horses and other animals. Find out how to win a trophy at the fair, a medal at awards night or a free trip to 4-H camp or State Congress.

Officer duties and officer books will be talked about in a short break out session. These exciting and informative workshops will be taught by 4-H county council officers, 4-H members, leaders and 4-H agents. For more information call: Jared Padgett, Council President 925-3175 OR 4-H Agent Marcia Morris 861-9814

Don't Miss This...

6th ANNUAL 4-H and FFA Dance



It's time for the County Wide Dance!
Saturday November 22.



Tickets are \$5.00

Get your tickets NOW, at

the 4-H Office, through county council members or at the door.

Friends of 4-H members are welcome too at the same price and adult chaperones are free!

There will be an awesome D.J., limbo contest and lots of line dancing! Pizza, snacks and drinks will be for sale!

All proceeds will go to the Sarasota County 4H Council. If you have any questions please call

Jared Padgett at 925-3175

or e-mail at jpcountryboy@verizon.net



Sarasota County Fair: March 13–22

Dairy Cattle Workshop—October 25th



Do you want to learn more about the 4-H Dairy Project? Would you like to show a dairy cow at the 2009 fair? Make your plans to attend "Dairy Day" on Saturday Oct. 25th, 9:00 AM—Noon at the Duggan's home at 551 Myakka Road.

This is a great opportunity to learn more about dairy cattle, Dairy Quiz Bowl, Dairy Poster Contest, and the Dairy Retreat. Receive tips on basic nutrition, halter breaking, handling, grooming, clipping, showing and showmanship. And bring your dairy cow! Please call the 4H Office at 861-9812 to register!

4-H Goat Clinic Is a goat project right 4-U? Make your plans now to attend a 4-H goat clinic on **November 22**, 10:00 AM until Noon at Twin Lakes Park. The goat project is fun and educational! Come out and learn about housing, feeding, grooming, and showing goats. Please call the 4-H Office at 861-9812 to register.

Whip Cracking Opportunities! Up Coming Events

November 1st is the Annual Whip Cracking Contest at Old Myakka Methodist Church.

Crowley Pioneer Days: January 5th demonstrations and practice

Arcadia Pioneer Days: Saturday, March 21, 2009

Polk County Fair: January 26-30, 2009, Bartow

Sarasota County Fair: Thursday, March 19 7:30 PM, F.T. Houser Show Arena

OK, it will be our fourth year at the Sarasota County Fair... so there should be some accomplished whip crackers out there. Since so many of our seniors have graduated, we will need help at two teaching demonstrations. If you would like to check out the Polk County Fair for some new techniques let me know and we will setup a caravan like last year, which was so much fun! Whip Cracking is exciting, so come out! If you have never picked up a whip or if you have been cracking for years, y'all come!!!! And we would love to have adults this year. We have some whips to loan, and there are two whip builders working now, if individuals or clubs would like to purchase whips. For more information contact Mari-Jean Melissa at 941-586-5576.

4-H Poster Art Starts Here!



It's Florida 4-H's 100 BIRTHDAY! And that is the theme for the state 2009 poster art competition is "Florida 4-H Centennial Celebration". Why not enter a theme poster in the Mini Building this year. It would really show case our Centennial and the top 3 winning posters at our fair (Junior, Intermediate, and Senior) will be sent in June to State competition. Check out the fair rules book for details or contact the 4-H Office.

Beef Breeding & Swine Clinic

There will be a Beef Breeding and Swine Clinic,

When: Saturday, **November 1, 2008.**

Place: Sarasota Vo-Ag Center, 701 S. McIntosh Rd.

Time: Beef Breeding - 9:00 - 11.30 A.M
Swine - 12:30 - 2:30 P.M.

Topics: Selection, Show preparation, Fair Rules, Changes and Record books.

Dig In...

Plant Entry Forms Plant show and sale entry

forms "A" only, are due Friday, October 10th by

5PM at the **FAIR OFFICE**. You can turn your forms in earlier if you have completed them - they will not accept late entries! Form "B" (classes 41 & 42) are due February 6th.



Plant Show and Sale Clinic Bring your plants to Drymon's Nursery on Saturday, October 18th, 9:00AM - Noon. Re-pot your Fair Plants! Dirt, pots and fertilizer will be provided, FREE! Also, assistance will be given (if needed) to correctly identify your plants. Drymon's Nursery is on the corner of Lockwoodridge Road and 47th Street. (3146 47th Street) 1-mile south of University Parkway. Thanks BC and Sylvia!

Plant Screening A Plant Screening will be conducted by members of the Florida Nursery Growers Association, on Saturday, November 1st from 9:00 AM - Noon at the Fair Grounds (Potter Building Parking lot). Plants will be checked and identified, and record books **MUST BE** up-to-date. All exhibitors must be present with their plants and record book—**attendance is mandatory**. Please read "Plant Show and Sale" rules on pages 37, 38 & 39 in your Sarasota County Fair Rule Book.

My Community, My World!



2009 Citizenship Washington Focus

Chevy Chase, MD June 7 - 13, 2009

Citizenship Washington Focus is a 4-H leadership program for high school youth. Delegations from across the country attend this 6 day program at the National 4-H Youth Conference Center, located just outside Washington, D.C.

The program is aimed at enriching young people's lives by broadening their appreciation and respect for themselves and others in the world. CWF is open to all Florida 4-H members 15 to 18 years old as of September 1, 2008. Participants attend workshops, committees, field trips and social events, giving them hands-on opportunities to learn and grow. Participants learn and practice skills that will make them better citizens and more successful individuals.

Prudential Spirit of Community Awards

4-Hers have an opportunity to participate in the Prudential's Spirit of Community Service Awards. The Prudential Spirit of Community Awards honor young people in middle level and high school grades for outstanding volunteer service to their communities. Over the past 13 years, the program has honored more than 80,000 young volunteers at the local, state, and national level. Visit their web site at www.prudential.com/spirit.

The deadline to enter is October 31st. Contact the 4-H Office for more information.

Community Pride, Florida 4-H Citizenship

Reminder... "Community Pride Proposal" are due in the 4-H Office by **October 1, 2008**. Call now if you need additional information.

Save a Tree... 4-Hers are encourage to visit our 4-H website at: sarasota.extension.ufl.edu, and the state website at: www.florida4h.org (select "Curriculum") to view and download 4-H project books and 4-H record books.



Can You Help... 4-Paws dog club is looking for a location for their club meetings and practice. Please call Shirley at 377-1008, thanks!



Straight From The Horses Mouth...

Horse Safety Clinic

Would you like to learn more about the 4-H horse project? Join us November 8th, 11:00 AM at Paragon Farms. Learn new ideas and review basic safety skills—inside and outside the show ring. This is your opportunity to ask questions about record books, bits, rules, or upcoming events.

Remember, this safety clinic is mandatory for any Sarasota County 4-Her that has not attended a safety clinic with the horse they intend to show, and wishes to participate in the Sarasota County 4-H Horse Show, and advance to Area E Horse Show in Tampa.

Please bring your health form, coggins, helmet, record book, and your horse of course! **RSVP** Nimie Gill 322-2006 or the 4H Office 861-9810.

Giant Yard Sale

The Sarasota County 4-H Horse Committee is planning a yard sale on October 4th... if you have any items you wish to donate please contact Nimie Gill at 322-2006 4-H Office 861-9810. Thanks!

Manatee County 4-H Open Horse Show

Manatee County 4-H is having a 4-H Open Horse Show on Saturday, October 25th and Sunday October 26th. You can visit the website: manatee.ifas.ufl.edu for information and show bill.

2008-2009 Horse Calendar

The Horse Advisory Committee has jumped into the new 4-H year! Welcome new and old members. Don't miss these important dates...

November 8th —Safety Clinic

Area E—April 26 & 27

January 11th —Practice Show

The Regional Horse Show

January 23rd—Speed Show

will be held in Little Rock,

January 25th —Pleasure Show

Arkansas!



Health Matters

Get "FIT": Frequency, Intensity, and Time.

A balanced diet is just half of good weight management. Exercise is also important. In addition to burning calories, regular exercise promotes muscle fitness, joint flexibility, and an efficient heart and lungs. It also promotes a healthy appetite, reduces stress, helps you sleep better, and improves your mood.

Staying with an exercise program depends on your staying interested, so choose activities that you enjoy. And remember the "FIT" principles of exercise:

Frequency—Exercising at least three days a week is good, but aim for every day!

Intensity—You may have to start slow. To determine your "target heart rate," subtract your age from 220 and multiply the difference by 0.7. This equals the number of times per minute your heart should beat during exercise for optimum aerobic benefit.



Time—30 minutes of activity during the day can improve your health. However, sustained exercise for 30–60 minutes provides more benefits.

Get Started...

Start with an Exercise Journal. Write each of the following fitness categories and list the activities that you plan to participate in each week.

My Aerobic Activities

My Strength Training Activities

My Stretching Exercises

What are your long-range fitness goals? Do you want to improve endurance, improve strength, improve specific skills (bicycling, swimming, or sports, for instance)? Be specific and tell how these goals will improve your life.

What are your short-range fitness goals? If your long-range goal is to run a 5-mile race in 35 minutes, set short-range goals first. Taking small steps will help you reach your long-range goal.

Then decide what, when, and how often you will do an activity that helps you move toward your fitness goal. Finally, chart your progress in your journal. We all work better when we have a record of our accomplishments to keep us motivated.

READ IT BEFORE YOU EAT IT

Make the right choices and know what you are eating! Getting the facts about what you are eating is a pretty easy task. Just read the label... "Nutrition Facts" labels provide the nutritive content as estimated daily allowances in percents (% DV).

But what about all those fast-food choices? How do you know what you are eating? Many restaurants and almost all fast-food chains have the nutritional information for their menu items posted or at a Web site. Become a label reader!



Snack Smart

Snacks provide about one-fourth of a typical teen's calorie intake. Snacks chosen by teens are often high in fat and sodium, and low in key nutrients such as iron, calcium, vitamin A, and vitamin C.

A few changes that could have significant health impacts would be to decrease soft drinks and increase low-fat or fat-free milk, decrease chips and other high-fat snacks and increase fruits and vegetables (don't count French Fries), and decrease fast foods.

WHAT are some ideas for healthy snacks?

According to the Webster Dictionary a snack is a light meal: food eaten between regular meals. Snack foods should be chosen from one of the five food groups:

1. whole grains
2. fruits
3. vegetables
4. low-fat milk, cheese, yogurt
5. lean meat, poultry, fish, dried beans, peanut butter, eggs



Select snack foods to complement foods eaten at mealtime. For example; if all you had for breakfast was a bowl of cereal and skim milk and you became hungry around 10:00 AM, pick a snack from a food group or groups that you missed. Because you had only two of the five categories above, select a snack from one of the remaining three, like fruits or fruit juice, veggies, or try peanut butter on celery.

Foundation News...



Get Ready... Get Set...WALK! Lace up your sneakers and join us NOVEMBER 15th.

You can make a difference! The Sarasota County 4-H Foundation is holding their annual 4-H Walk-A-Thon on Saturday, November 15th, in Myakka State Park. This annual fundraiser provides an opportunity for foundation members, leaders, and 4-H families to show their support for our 4-H Program. As our program grows so do our needs, with the donations received the foundation can provide scholarships for youth attending Summer Camp, Congress, Legislature, CWF, Dairy Retreat, Horse Programs, Horticulture, Livestock Judging, Workshops, Project Support, Club Support, Leader Training, Youth Leadership Training and much, much more.

WALK-A-THON RULES **REGISTRATION AT 8:00 AM - WALK AT 9:00 AM**

1. All participants must have collected a minimum of \$20 in donations to walk (adults & 4-H members). This covers a t-shirt and lunch.
2. All entry fees must be turned in the morning of the walk in order to participate.
3. Siblings under eight years old are exempt from \$20 entry fee when walking with a paid adult.
4. Siblings will get lunch and transportation (no shirt).
5. All participants will be given an armband in order to receive lunch and transportation inside park.
6. The top 5 walkers in each of three categories; Cloverbud / Junior, Intermediate, and Senior will receive prizes for the most money turned in on November 15, 2008.
7. Prizes will be given out the day of the walk at 1:00 PM at the lunch pavilion.
8. Money that is donated for advertisement on shirts must be for shirts only.
9. Money that is for sponsorship of child goes for child only.
10. Money cannot be used for both shirt advertisement and child.
11. Participants must be picked up PROMPTLY BY 1:30 PM in the SUPERVISED PICK-UP area only.

Great Prizes!



ALL YOUTH UNDER AGE 15 MUST BE ACCOMPANIED BY AN ADULT AT CHECK IN.

Lets all enjoy a Walk- In-The-Park with Great Friends for a Great Cause!



News From Out There...

County Council by: Autumn VanRiper

Our last Sarasota County Council meeting was held on September 15th, 2008. We had many donations for the foundation baskets, discussed steer weigh-in and had short reports from those who went to SRTLTC and 1st Executive Board.

We had a lot of new business; 9-20-08- Foundation hoe-down / 10-8-08-Awards night / 10-11-08-Officer Training and Opportunity Awareness Day / 10-20-08County Council / 11-15-08-4-H foundation Walk-a-thon / 11-17-08-County Council / 11-22-08-County wide dance.

We finished our meeting with SPORK and an ice-breaker that taught everyone to "think outside the box" and use "teamwork as well as leadership skills".

Badger's Den Productions

by: Samantha Gillen

In August, the Badger's Den Productions crew met at our house to shoot a short film, 'A Taunting'. It is a spoof of a show on the Discovery Channel entitled 'A Haunting' where demonic spirits haunt families' houses or workplaces until a psychic comes to perform an exorcism.

We shared lots of laughs in between takes and had fun with all aspects of the film. We were fortunate enough to be working with two new high-powered lights and learned how to balance brightness, cancel shadows, and color-correct.

'A Taunting' is being edited now and we can't wait to share the finished product.

News From Out There...



THANK -YOU ALL!!!

The Sarasota County 4-H Foundation would like to thank ALL the leaders, clubs and families for your support, baskets and donations to the "Cowboy Hoedown". The event was an incredible success. Thank-you!

Horse 'N Around by: Maxim Lowe

On August 24th, we had our first meeting of the 4-H year at the gazebo in Twin Lakes Park! Joining our club are two new members, Amanda, and clover bud Gracie. After the usual business, we held elections for officers. Elizabeth is president, Danielle is vice president, Amanda is secretary, and Gracie is historian. Spots for treasurer and reporter are still open. I did two demonstrations, one on String Art, and one on how to make blueberry cornbread. Then we played a creative drawing game where the rules were stretched. Each person draws a line, and when the picture looks finished, we try to figure out what it is. It was strange but fun. From Maxim Lowe, sending this from France where I will spend the next 6 months. I'll be back for demonstrations and the fair, so I'll see you all then.

Sarasota County Ranchers by: Lindsay Routh

Hello from the Ranchers! Summers over but, our summer at the barn was a lot of fun and eventful! Mrs. Rogers and Mrs. Swartz bred 3 hogs for the upcoming year. The hog farm was a great success! We have 21 babies and they are all good looking. Thank you to Mrs. Rogers and Mrs. Swartz for all of your dedication and hard work! We also worked to expand our barn and we built 8 new stalls for our horses. Thank you to our parents that helped to make that possible!

Our Ranchers have a busy and eventful upcoming year! At our first meeting we welcomed our newest members and discussed rules and upcoming events. At our September meeting, we had our first guest speakers of the year. We welcomed Mr. and Mrs. Seller's as our special guests during our meeting. They spoke to our club about plants and how to show them at the fair. Thank you Mr. and Mrs. Sellers for all of your help and support! We also discussed our upcoming fundraisers. In October, we will working at Mr. and Mrs. Sellers preparing and selling food for the customers at one of their many plant show and sales. We will also be working at Fruitville Groves for their annual festival. Well, that is it for now. See you next time.

MINI HOOVES by: Shelby Stasik

Welcome back everybody! Mini Hooves had their first meeting at the Farm Bureau we had a great turnout lots of old members and great to meet some new ones. Our new Officers this year are Pres-Torrie Bachman, Vice Pres-Kyle Sailor, Secretary-Sarah Birkhold, Reporter-Shelby Stasik, Treasure-Helen Milano, County Council Delegate-Morgan Holdsworth, Historian-Mary Birkhold & Alex Kirkley, Chaplain-Leah Sailor, Sgt of Arms-Bailey Martin.

We discussed plans for our fund raisers Sally Foster and Fruitville Grove Pumpkin Patch. These fund raisers along with our dues help to pay for new club shirts, halter and lead ropes for everybody's horse, horse clinics with trainers, horse shows, ribbons and trophies for the shows, holiday party, and end of year banquet and awards for our club. It will take everyone's help to raise the money and volunteer their time at Fruitville Grove these are our two main fundraisers for the year so after they are done we can have fun the rest of the year!!!!!!! For some of you that have not worked at the pumpkin patch it's a lot of fun and gives the public a chance to meet a miniature horse and have their picture taken with it.

We won't be having a business meeting in September many of our members and leaders will be out of town at the AMHR National Miniature horse show in Tulsa OK with their horses GOOD LUCK TO ALL and HAVE FUN!

We had a great show in Okeechobee in August our club did a great job! Congrats to all of you that were there it was the Coconut Classic Miniature Horse Show. Congratulations to Torrie Bachman she was the High Point youth for the AMHR show that weekend way to go Torrie.

Please remember to have all your enrollment papers filled out and turned in ASAP to one of the leaders. You will not be able to work with your horses if the forms are not turned in due to insurance purposes. If you have any questions please contact one of the leaders. Have a great Halloween everybody be SAFE.



News From Out There...

Homegrown Explorers by: Sara Martin

Wow, it's been a great summer! Now it's time for 4-H to start again. September 6th we had our first meeting. We have 14 members and 6 Clover Buds. We have 3 awesome leaders. Our Club Leader is Mrs. Martha Pellegrino, our Activity Leader is Mrs. Joy Hosford, and the Clover Bud Leader is Mrs. Melissa Martin. Thank you for being great leaders!

Our new officers are: President - Luke Hosford, Vice President - Alena Barwick, Secretary - Shelby Martin, Treasurer - Michael Stanek, Chaplain - Nicholas Pellegrino, Sergeant of Arms - Quinlan Barwick, Junior Activity Leaders - Katie Stanek and Travis Saunders, Recreation Leader - Travis Saunders, Refreshment Leader - Katie Stanek, Historians/Reporters - Austin Saunders and Sara Martin.

Our first 4-H Fundraiser/Community Service Awareness Event will be a bake sale. It will be on Saturday, November 1st and held at the Sunnyside Village Holiday Bazaar from 8:30 - 3:30. Please come out and support your fellow 4-h'ers. We did crafts. The Clover Buds did a "Pointillism" craft. The 4-H members had a Sculpture Clay Workshop. We made bears, cats, dogs, ducks, and dinosaurs out of clay. Since Luke Hosford's birthday was the 6th we had cupcakes as a snack, also chips, water, lemonade and sweet tea. It was an incredible meeting and it's all because everybody wanted to make the Best Better!

Myakka Ranchers by: Erica Flagg

Greetings, We all hope everyone had a great summer. Myakka Ranchers had their first meeting September 14th. Everyone is excited about a new 4H year. We elected new officers for our club and Devin Payne is our president, Tatum Britt is vice president and also county council. Tristian Thomas is secretary, Catlin Payne is treasurer, Erica Flagg is reporter, Ashley Flagg is historian and Ryan Britt is our Chaplain. We are all looking forward to a fun and exiting year.

Florida Crackers

Well we had our first meeting and it went great! All our members are back and we have three new families. It was a very busy meeting and we covered a lot of bases. We did a review of last year and what we would like to see for the new year and some great new ideas came up. We held our election of officers and they are as follows: President - Erinn DeJonge, Vice President and Secretary - Niki Wallace, Treasurer - Kailyn Duyn, Chaplain - Faith Price and Historian/Photographer - Hope Price and Logan Balsinger. We finished our meeting with "make your own ice cream sundaes". Two members have steers this year and they passed with flying colors at the weigh in!

Ridin Rednecks Club News by: Clay Linthicum

Our club has gotten off to a great start. The 9-04-08 meeting was held at Lakeview with VP Sydney Linthicum in charge of the meeting. Jared Padgett our president was at an officer training in Tennessee. Delanie Bartell, our safety officer, gave us important information on traffic and seat belt safety. Reports on Camp Cloverleaf came from Delaine and Dalton, Jarrod Chapman talked about Congress and Sydney talked about our Club Round up. Thank you 4-H Foundation for the pizza! Christina Fruehwald and Billy Kreiling (club steer) were there to get record books and info on steers. Our club is making a basket for the Foundation to sell at the Hoedown. The members and parents did a great job by providing items.

Our club will be cooking hot dogs and selling beverages, fruit, chips and baked goods at the Master Gardeners Plant Sale at Bee Ridge Park on Oct.11. This will be a time for us to promote 4-H. I like to cook the hot dogs with Mr. Harkness and sell the baked goods. Barbara Briggs brought some star fruits for our club to share and discuss. We elected Tiffani Powers as our Chaplain. Billy Kreiling reported the club steer weighed in at 740 lbs.

We met at Twin Lakes Park for the 9-18-08 meeting. We had our installation of officers and new member installation. The new members are: Amanda and Ashley Boyd, Brooke Zaccagnino and Andrew Ruthven. The officers were installed by Mr. Strickland and the new members welcomed by President Jared Padgett. Our club activity for the meeting was potting tomato plants. Each member repotted a plant to take home. We want to now how to grow healthy plants that produce delicious tomatoes. Lane Taylor gave our Treasurer's report and Mrs. Strickland talked about our Red Wheel Food sales.



News From Out There...

A New Club in Town...

Have you ever been interested in learning Martial Arts? Or how about Chess? If you answered YES to either of these questions than we have a club for you! The club's main focus will be Martial Arts with Chess played after the M.A. class. The club will focus on everything about Martial Arts ,from learning the proper application of techniques used in Martial Arts and Self Defense, proper warm ups and stretching, history of different types of Martial Arts and much more! For kids who have not practiced in an art before we will teach Tae Kwon Do forms and you can be ranked in this art. Cloverbuds are welcome! Our first meeting to pick our club name, officers, and explain to the kids and parents all our plans will be Sunday, September 28 at 4pm. For more info on all the planned fun call (941) 954-3224 or email odysseykennel@msn.com website <http://sarasota4hmartialarts.tripod.com>

Green Team by: Amber VanRiper

Hello, from the Green Team. We just held our first meeting September 9th, 2008. We started by filling out loads of paper work for the year, how exciting. Not really, but it did get better after calling the meeting to order around 10:20AM. We started with the pledge. We had no one to hold the flags so they just sat on the table while we pledged our allegiance to them, this was all done with great respect.

Afterwards we played some team building games. The first game we played was one where we had to make one word out of a mixed amount of letters. Little did we know it spelled "just one word". Thanks to Kayla Kipper's great thinking and then a fine group effort we figured it out. At least we felt smarter on the next game. We just had two hula hoops going opposite directions and seven really outstanding 4-H members to slip through them and boom a good time.

When we finished we got back to the real business with all of us talking about the events we attended over the summer. Laura talked about Congress, Autumn talked about C.W.F and Megan talked about Camp Clover Leaf just to name a few. We also voted on a few things like the Marine Ecology event and the Forest Ecology event. We are pretty positive that we are participating in the Forest Ecology.

For our activity for the day we wrote thank you cards to those who have helped our team by making donations and helping sponsor us to go to some of these amazing events we went to over the summer. Once again thanks to all of them. At around 12:00PM we adjourned the meeting. It was sad to have to say goodbye to everyone as usual, but we hope to see each other next meeting. Goodbye from the Green Team.

Livestock Club by: Megan Stoll

We had our first meeting August 26. In our first meeting we took turns telling what we did over the summer and voted for our officers: President is Kristen Potts, V.P. is Dylan Coursey, Secretary is Lauren Wyka, Treasurer is Justin Woods, County Council is Aaron Stoll, Reporter is Megan Stoll, Historian is Jamie Tabar, and Chaplin is Jordan Leftwich.

We had our second meeting on September 9th. At this meeting we decided that for our Halloween party we are going to go to Hollow-Scream on Oct. 10. Our club voted and decided to pay for the trip! We are also going on a dairy farm tour in Myakka City on Oct. 18. Then we talked about how to walk and show your steer or pig.

Our next meeting is on Oct 14 at 7:00. See you there! Thank you to Mrs. Lombski for working so hard on getting the farm back.

Blazers by: Brooke Freeman

We started our meeting with the election of officers...they are as follows: President- Jenny Federico, Vice President- Kerry Desmarais, Secretary- Jaime Morrison, Treasurer- Kelsey Power, Reporter- Brooke Freeman, Sergeant of arms- Gavin Albritton, Historian- Allison Bisiel, Chaplin- Justin Burnett and, Parliamentary- Derek Powers.

We discussed different fundraisers such as cotton candy/snowcone booth at the Fruitville Groves Pumpkin Festival. Another idea we had was bringing Teddy Bears in to be delivered to children who are terminally ill. What a GREAT idea that would be!

There were 41 steers that made weigh-in for the fair this year... Looking forward to an exciting and fun filled year!

A Message From Jared Padgett, County Council President

County Council met on Monday September 15th 2008 at Twin Lakes Park. All of the Council members brought items to donate for our Snack Attack basket that we donated to the Foundation for their annual Hoedown. We discussed our two upcoming events. The first one is Opportunity Awareness and Officer Training Day. It will be held on October 11th 2008 at Twin Lakes Park. At this event we will be talking about all the opportunities 4-H has to offer. We will also be breaking out into officer groups to discuss the role of that office and to discuss the record book. This event is open to any 4-H member and any interested non-4-H member wanting to join. The next event will be our County Wide Dance! It will be held on Saturday November 22nd 2008 at the Potter Building. There will be a DJ and pizza, snacks and drinks will be for sale. Tickets are \$5.00 and are available through some 4-H members and at the 4-H Office. This event is for any 4-H member who would like to come that is between 8-18 years old. We also discussed our Community Service Project called Back to the Basics: Florida 4-H 100 years ago! We will be going to the Salvation Army on October 30th for a Halloween Theme. If you have any questions or would like to help out at any of these events you can call Jared Padgett at (941)-925-3175 or e-mail at jpcountry-boy@verizon.net. We had 4-H members from 17 different 4-H clubs attend our September meeting. If your club was not present I hope you will send your club President and Delegate to our October meeting on October 20th 2008 at 7:30 Pm at Twin Lakes Park. I hope to see all of you then!



Make Your Plans NOW!

October 2008

- 1 4-H Re-enrolment Deadline
- 2 Project Workshop—Painted Pumpkins
- 5-11 National 4-H Week
- 8 4-H Awards and Recognition Event
- 10 Plant Forms Due
- 11 4-H Opportunity and Awareness
- 13 Foundation Meeting
- 18 Plant Clinic
- 20 Leader & Council Meeting
- 25 Dairy Clinic

November 2008

- 1 Plant Screening
- 6 Project Workshop—Blessing Box
- 8 Horse Clinic
- 10 Foundation Meeting
- 11 Veterans Day, 4-H Office Closed
- 12 Horse Advisory Meeting
- 15 4-H WALK-A-THON!**
- 17 Leader and Council Meetings
- 22 4-H Dance!
- 27 Thanksgiving, 4-H Office Closed 27 & 28



Happy Birthday!



Gavin Albritton, Jillian Alday, Kaitlyn Armstrong, Logan Balsinger, Chiara Basso, Jessica Beaumont, Ryan Britt, Brittany Camantigue, Jarrod Chapman, Raven Chapman, Erica Cox, Alissa Cunningham, Tessa Cunningham, Michael Dean, Marie Durso, Kailyn Duyn, Nico Ferry, Sabrina Freeman, Alexandra Fuchs, Christopher Futch, Jessica Gainey, Taran Graber, Tayla Graber, Elizabeth Hall, Nicole Harkness, Sara Heinisch, Andrea Herrig, Jerid Hollenbeck, Joseph Hurst, Audrey Imes, Savannah Jacobson, Savanna King, Arianne Kopacz, Dawn Lewis, Helen Milano, Jessica O'Brien, Derrick Powers, Kyle Powers, Tiffani Powers, Amy Richards, Cody Richetta, Lindsay Routh, Megan Ryan, Stephanie Tabar, Chelsea Taylor, Nick VanBeck, Colton Wallace, Blake Williams, Clayton Wilson, Vanessa Wittmer, and Alexandria Youngs! *And Mrs. Barbara Lechky!*

Looking Ahead-These dates just in:

L.A.W. Senior Leadership Adventure Weekend: January 23—25, 2009
 L.A.W. Intermediate Leadership Adventure Weekend: February 13—15, 2009
 Citizenship Washington Focus:
 June 7—13, 2009
 Camp Cloverleaf:
 June 22—26, 2009
 Legislature:
 June 22—26, 2009
 Congress:
 July 27—31, 2009

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