



**4-H CLUBS:**

4-Her's  
4 Paws  
Aquatic All-stars  
Blazers  
Canine Connections  
Clogging Clovers  
East County Steer & Swine  
Eastside Rabbiters  
Florida Crackers  
Foxmill Kids & Colts  
Fruitville Exceptional Equine  
Green Leaf Adventures  
The Green Team  
Home Grown Explorers  
Horse N Around  
Indian Creek 4-H Club  
Jr. Cattlemen  
Kelly Community Clovers  
Little Rascals  
Livestock Club  
Miakka Allstock  
Mini Hooves of Sarasota  
Muddy Boots  
Myakka Ranchers  
New Gate  
Open Gaits  
Ridin' Rednecks  
Sarasota AG  
Sarasota County Ranchers  
Sarasota Sharp Shooters  
Sarasota Swine  
Sarasota Swine's Minutemen  
Science Lab  
Southern Spurs  
The Club



**The Clover Times**  
**MAY 2006**



**From the Agents Desk; by Marcia Morris**

Spring is definitely in the air as we approach the first of May. Lots of exciting things are happening for 4H members. District Events are right around the corner on Saturday May 6<sup>th</sup>, at Braden River High School. Everyone is invited to attend District Events. Saturday May 13<sup>th</sup>, will mark the return of Junior District Congress, which was originally planned for October but cancelled due to the hurricane. If you would like to attend please return the registration form as soon as you get this newsletter.

Be sure to read the newsletter for results from the 1<sup>st</sup> ever Whip Cracking contest held during the fair. For those who are interested in Whip Cracking at the fair next year, call the 4H office and we will put you in touch with members who will come to your club and do a demonstration for you.

As you read this, Sarasota 4H members will have just returned from the Area E Horse Show, be sure to read the June newsletter for results.

Any senior 4H members who are interested in attending 4H Congress should call the 4H office for an information packet. Congress registration is due May 15<sup>th</sup>.

County Council elected new executive officers at the April meeting. Congratulations to Sean Russell-President, David Clemons -Vice President, Brandy Martin- Council Delegate, Jared Padgett- Secretary, and Colton Whittier -Treasurer. The remaining officers will be elected at the August meeting. Many thanks to retiring president Danielle Padgett and all of the officers who served as leaders this year. County Council has participated in several outstanding Community Service projects this year including Operation Military Kids and the Salvation Army Family Services.

Our week at Camp Cloverleaf will be here before you know it. Be sure to return you camp reservation form to insure a spot. As always a great time will be had by one and all.

Congratulations to all Graduating Seniors. We will miss all of you and wish each you the best of luck as you go forward in your future endeavors .

Happy Memorial Day to everyone, Don't forget to put out your flags on the 29<sup>th</sup> !

Marcia Morris  
4-H Extension Agent



*I pledge,  
My Head  
to clearer thinking,  
My Heart  
to greater loyalty,  
My Hands  
to larger service,  
And My Health  
to better living,  
For my club, my community,  
My country and my world.*



## You Need To Know ...

### Attention Club Leaders

Now is the time to get with your club officers to make sure their officer record books are complete and up-to-date. They are due on **June 30<sup>th</sup>**.



**MOST IMPORTANT:** Club Treasurers your clubs end-of-the-year bookkeeping is due. Your club is required to turn in an "Annual 4-H Club Financial Report" and "Auditor's Report" (both forms are found in your treasurers record book pages 33 & 34) along with your treasurers record book and all supporting documents.

### Leader Reminder: Club Accounts

If a club opens a checking or savings account, a minimum of three signers on the account is required, and a 4-H Agent must be one of the signers. A minimum of two signatures is required on all checks and withdraws. Only one family member can be a signer on a 4-H account.

**Leaders**, please review your copy of the "4-H Club Policy & Procedures for Sarasota County" found in the front of your Leader Handbook. If you have any question or need help please contact the 4-H Office at 861-9818.

### Needed: Garage Sale Donations

As many of you know, Sarasota County 4-H Council has been involved with several activities to support the National Guard unit from this area that is deployed to Iraq. The family support group from this unit will be holding a garage sale at the Armory in Arcadia on Saturday, May 27th to raise funds for a summer fun-day for the children of the deployed soldiers as well as a welcome home for the soldiers returning later this year. If you have any items that are garage sale worthy please drop them off at the 4-H office by Thursday, May 25th. If you have large items or a large donation of goods please call Danielle or Glenda Padgett 925-3175 to arrange a pick-up / drop-off location with them. Thanks for helping to support our Operation Military Kids (OMK) project!

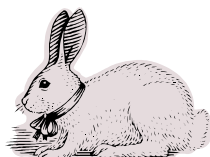
### Have A Great Summer!

There will not be a Leader or County Council meeting in the months of May, June and July. We will resume our Leader and Council meetings on August 21st. Everyone have a safe and happy summer!

### Animal Connection

Bunny needs a home...

A male, black, 3-4 year old bunny needs a good home. If you are interested please call Lisa at 359-4496



### Sarasota County CattleWomen's Association Scholarship Application

The Sarasota County Cattlewomen offer this scholarship to support young men and women in Sarasota County to continue their education at college, university or a vocational school in an agriculturally related field of study. You can pick up an application at the 4H office. Applications must be mailed by May 15th.

### Record Book Deadline

Just a reminder—A NEW DATE—All record books are due in the 4-H Office by 5:00 PM on June 30<sup>th</sup>, 2006. If you turned in a record book during the County Fair, and would like to improve your score, you can make corrections, add photo's, add to your story, correct any math errors and resubmit it by June 30th.

However, it is not necessary to resubmit your book if you did not make any improvements. Officer books and all other *county record books* are due at this time. You must turn in a record book to receive a year pin.

### Junior & Senior Recognition Forms

Junior & Senior Recognition Forms are due June 30<sup>th</sup>, 2006, by 5:00 PM. Forms are available at the 4-H Office. Any 4-H youth wishing to be considered for a county project medal must complete this form.

### Attention 4-H Seniors... don't miss this deadline!

Senior 4-H State Portfolios are due **May 24<sup>th</sup>, by 5:00 PM**. Seniors must complete a portfolio if they wish to be considered for State 4-H Recognition, or a State 4-H Scholarship.

Applications can be found on the Florida 4-H State website or contact the 4-H Office 861-9814 for more information.

**Foundation News... Learn by doing!** Would you be interested in raising the 4-H Foundation steer or swine for the 2006 Sarasota County Fair? This is a great way to learn about these projects or maybe you don't have the space or a location to raise a large animal.

If you are interested contact the 4-H office (861-9810) for an application and information. Applications to raise the foundation steer are due on or before June 5th and swine applications are due September 1<sup>st</sup>.

FOR A COPY

## Don't Miss These Coming Attractions ...



### State Marine Camp

**When:** July 24–28, 2006

**Where:** Camp Timpochee, Niceville, FL

Are you interested in learning about marine life, going fishing, or exploring the underwater world with a mask and snorkel? Camp Timpochee allows campers first hand experience with Florida's marine environment from above and below the waterline. Timpochee's marine lab is equipped with large aquariums supporting life from both fresh and saltwater habitats. Sport fishing sessions will help youth learn about local fish and how to catch them.

Timpochee is full of learning, snorkeling, swimming, games, campfires, camp dance, evening activities, and MORE! Marine education activities will be lead by specialists with the University of Florida's Sea Grant Program and State 4-H Staff.

Campers must be between the ages of 8-13. The cost for State Marine Camp is \$210.00 if paid by 7/7/06. Contact the 4-H Office at 861-9812 or visit the Florida 4-H website; <http://4h.ifas.ufl.edu> for a registration form.

**Attention Senior 4-Hers**—Camp Timpochee is looking for Camp Counselors and Counselors-In-Training. Counselors and CIT's play a very important role at camp. If you are interested in being a Counselor in training (ages14-15) or a Counselor (ages16-18) at State Marine Camp contact the 4-H Office for registration forms and details.

### Shooting Sports and Sportfishing Camp

**When:** July 17 -21, 2006

**Where:** Camp Ocala 4-H Center\

This camp is designed to teach life skills through fun, non-competitive activities in shooting sports, sport fishing, and natural re-sources.

Campers will participate in several different tracts such as archery, rifle, shotgun, angling skills, aquatic life, tackle crafting, and more. Campers will also learn about Florida's unique natural resources through a variety of games, and group experiences. Add in swimming, canoeing, recreational games, campfires, nature center activities, and trail hiking!

The minimum age of campers is 10 and the cost is \$200.00.

For more information or to register for this camp contact:

William Hill, Polk County Extension  
(863) 519-8677 ext 105

### District 9 4H Junior Congress

All Junior 4H members in 4H District Nine are invited attend Junior 4H Congress.

**Date :** Saturday May 13, 2006

**Place :** Sarasota 4H Office, Twin Lakes Park, Exit 205 from Interstate 75. 1 mile east of interstate.

Enter park, go to 1<sup>st</sup> stop sign , turn right .

**What is it ? :** Your chance to learn all about the opportunities available to you as you progress through 4H. You will also attend subject matter classes that you choose to find out more about 4H projects.

**Cost :** \$5.00 per person, includes lunch.

**Registration :** 8:15 am to 9:00am

**Program :** 9:00 am to 3:30 pm



**Sarasota County 4H Office, 6700 Clark Road, Sarasota FL 34241 by May 5<sup>th</sup> .**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

County \_\_\_\_\_

Make checks payable to **Sarasota County 4H Council**

\$5.00 per person attending.



## More To See and Do With 4-H...

### Florida 4-H Congress: Galloping into the Horizon!

The dates this year for 4-H Congress are July 24th—28th, 2006. Held at the University of Florida campus, this is a fabulous week in which 4-H senior members can have fun and learn alongside other 4-H'ers from all over Florida. Congress is divided into a competitive and non-competitive sessions. The non-competitive portion is devoted to educational workshops on a variety of subjects (your choice). The competitive portion is where the first place senior District Winners compete with other district winners. You will enjoy a BBQ at UF's stadium, evening programs include dances and much more! Participants must be 13 years old prior to September 1, 2005 and have completed one year of 4-H work. The fees for Congress are \$200.00 **Congress applications are due May 15th.** Call the 4-H Office at 861-9812 to receive your congress packet!

### Awards and Recognition Night

#### A New Date: August 26th

The planning committee for our 4-H Awards and Recognition Night is already busy with preparations for this celebration. A banquet style dinner and candlelight is sure to make the evening special.

So mark your calendars now and plan to attend! This gathering is one of the many ways we recognize youth, leaders, volunteers, and friends of 4-H for their achievements, and contributions throughout the year.

If you would like to be a part of the planning committee, contact the 4-H office at 861-9812.

### The Florida 4-H Ambassador Program

The Florida 4-H Ambassador Program began in 1999 to train 4-H youth to represent and promote 4-H to the media and public. To be an ambassador, youth must complete an application, attend a rigorous series of training sessions during State 4-H Congress in July, and go through a selection process. Ambassadors speak to community organizations about 4-H, represent Florida 4-H at official functions and are trained in talking with the media. They log hundreds of contact hours educating others about the value 4-H programs bring to thousands of youth across the Sunshine State. Ambassadors file monthly contact reports and are considered for reappointment on an annual basis. Contact the 4-H Office at 861-9814 for additional information. Applications and reappointments are due by May 26<sup>th</sup>.

### Don't Forget!

#### 2006 District 9 Events

Saturday May 6th. Demonstrations, Public Speaking, and Share The Fun Activities will be held at the Branden River High School. Registration begins promptly at 8:30 AM- so don't be late. If you did not receive your packet or have questions contact the 4-H Office at 861-9810.

### Summer Fun with Keith Wilson...

Please take note of the summer 4-H Marine Science Events planned.

**May 18th-** 4-H Seining Trip to South Lido Park where live sea creatures will be collected, identified and released.  
10-12noon Bring water, shoes, and lotion.

**June 16th-** 4-H Fishing Tournament at Harts Landing in Sarasota from 9-12 noon Free. Some fishing gear is available from the 4-H Office

**July 18th-** 4-H Fishing Tournament at the Venice Fishing Pier (Sharkys) from 9-12 noon Free. Some fishing gear is available from the 4-H Office

Please call the office at 861-9812 for information and sign-up.



### Mote Aquarium

#### World Ocean Day Family Festival

Mote Aquarium in Sarasota, June 8th, 2006 10 am—5 pm

The Worlds Ocean Day Family Festival is an educational outreach campaign

#### "There's Only One River, Only One Sea"

Would you like to be a part of this special day?

4-H will have an informational booth at this event.

Please contact Keith Wilson (861-9818)q if you would like to help.



### Rabbit Show

The Eastside Rabbiteers 4-H club will be hosting a rabbit show on May 6th at the Sarasota County Fairgrounds.

Please contact Ron Annis at 322-0690 for details -today!

# Summer Fun Is On It's Way...



## Summer is on its way! And summer means camp - Camp Cloverleaf!

Camp Cloverleaf is located in Lake Placid and offers a week of fun, and exciting summer activities. The dates for camp are July 10<sup>th</sup> - 14<sup>th</sup> 2006. Applications are due on or before May 12<sup>th</sup>, 2006. The cost this year for camp is \$180.00. Please, make checks payable to the Sarasota County 4-H Foundation. Note: T-shirts will be sold at camp for \$10.00. Do not include t-shirt fee with camp payment.

Make plans now for a fun filled week of swimming, fishing, canoeing, crafts, sports, campfire songs, and new friends! Space is limited, **you must** return the **registration form** (below) and **\$90.00 deposit** to reserve your spot and receive a "2006 camp packet". Camp is based upon "first come - first serve"!

Partial camp scholarships are available to 4-H members upon request using the "**Scholarship Request Form**" which will be included in your camp packet. You **must** complete a "scholarship request form" to be considered for a camp scholarship.



### 4-H CAMP CLOVERLEAF JULY 10th—14th 2006 REGISTRATION FORM



Camper Age 8-12  
(as of 9/1/2005)

Counselor-In-Training Age 13  
(as of 9/1/2005)

Counselor Age 14-18  
(as of 9/1/2005)

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ 4-H Club: \_\_\_\_\_

Request (1) cabin friend \_\_\_\_\_

Reservation form due May 12th, 2006 Date received \_\_\_\_\_

Check# \_\_\_\_\_

Amount \_\_\_\_\_

**This form must be filled out completely with your deposit attached  
to receive your camp packet.**



# Health Matters...

## Earth's Easiest Exercise... There's nothing to it.

Walking can add years to your life and life to your years. And it couldn't be easier! Walking conditions your heart and lungs and raises your body's ability to use oxygen more efficiently. Best of all, walking has the lowest dropout rate of any other form of exercise. So you are more likely to stick with it. How fast should you go? Just use the "talk test", move at a steady pace that makes your heart beat faster and causes you to breath more deeply - but doesn't leave you too breathless to carry on a conversation.

## How to get that second wind... Breath Deeply

To get the full benefit of deep breathing, sit up straight with you shoulders back and your chest out. Slowly inhale until your belly rises and feels full. Slowly exhale until your belly is flat before taking another breath. Pay particular attention to your posture. Crunching forward limits the amount of work the lungs can do. You will reduce anxiety and stress and promote calmness and mental focus as well as renewed energy.

## Did You Know...

Portions are two to five times larger now than they were 30 years ago, and most people will eat the amount they are served. Bagels, for instance, were originally the size of a hockey puck, or the equivalent of two slices of toast. Now they are the size of a CD, or five slices of toast!

**Size Matters:** One way to determine how much your eating is to compare a serving size with a familiar object

1 ounce of cheese	a pair of dice
3 ounces of meat	a deck of cards
1/2 cup of mashed potatoes	an ice cream scoop
1 medium potato	a computer mouse
1/2 cup serving of grapes	a light bulb
1 serving of fruit	a baseball (not a softball)
1 serving of pasta	a hockey puck
1 serving of bread	a cassette tape
1 tablespoon peanut butter	a walnut

You might try the "rule of thumb"

Thumb volume	one ounce or one tablespoon
Thumb tip	one teaspoon
Finger length	diameter one serving of fruit
Fist volume	1 cup raw vegetables or 2 servings of pasta/ cereal/ cooked vegetables
Palm area	3-ounce serving of meat, fish or poultry
Handful	one serving of nuts

## You ARE What You Eat!

Food is a big part of our life - whether we pay attention to it or not. When it comes to fitness; nutrition and physical activity go hand in hand. Physical activity requires energy, and energy comes from what we eat and drink - simple enough. To lose weight and keep it off it's important to change your *daily eating* and *physical activity* habits to create a healthier you.

## Expand Your Exercise Program

Physical fitness, like eating healthy, is a lifetime pursuit. Because you have to eat everyday - you also need to stay physically active everyday.

You've probably heard different recommendations about how much exercise is enough. The Institute of Medicine (IOM) now recommends that adults spend at least 60 minutes in moderate intense physical activity *every day of the week*.

## Stay With Your Program

About half the people who start an exercise program drop out. They stop when they are bored or when the results do not come quick enough. Be patient, improvements to your fitness will not happen overnight - if you stick with it you should notice a difference within a month.

Do you know someone who is trying to make a healthy life-style change? Encouragement from family and friends can be motivating, studies show that support helps people stay with their exercise program.

Don't forget to reward yourself. Work on developing an "internal sense of reward" based on accomplishment, self-esteem, and self control.

**Be Smart about setting goals.** Remember that healthy weight loss comes off slow and steady. Aim to lose 1 to 2 pounds a week. At first this may not seem like a lot - but there are 52 weeks in a year and that 1 or 2 pounds you are losing could add up to 52 to 104 pounds by next year!

## Fats aren't all the same.

All units of fat contain the same amount of calories (1 gram of fat = 9 calories) but not all fats are created equal. When you think of "bad fats" think *saturated fat*. Saturated fat is most often found in animal products - red meat, butter, whole milk and vegetable products such as coconut, palm, and other tropical oils. Saturated fats increase your blood cholesterol levels and the risk of heart disease. These fats are usually solid or waxy at room temperature (yuk!)

# Look What We Did...



## Livestock Judging Team News...

The Sarasota County 4-H Livestock Judging Team competed in the state contest at the University of Florida on April 1st. Team members this year were DJ Lewis, Jacob Atha, Nicole Lewellyn, and Trevor Burns. I really appreciate their commitment to the judging practices and special thank you to Mr. Keith Wilson for opening the building every week and staying till we finished. The alternate team members were Jesse and Lane Lewellyn (although they could not compete at state because they are juniors, they attended all practices faithfully).

The state contest was the second contest this group had ever competed in. There were a lot of things new to them. Believe it or not they all survived giving two sets of reasons. Anyone that has done this knows the trauma one goes thru to complete it.

The team completed 18 classes consisting of placing, evaluation, questions, and reasons. Team - 6<sup>th</sup> overall; Jacob - 5<sup>th</sup> high individual overall; Trevor-12<sup>th</sup> high individual overall. Evaluations, Team-1<sup>st</sup> place; Jacob 3<sup>rd</sup> overall; Trevor-4<sup>th</sup> overall. Swine, Team-3<sup>rd</sup>; Jacob-5<sup>th</sup> overall. Cattle, Team- 5<sup>th</sup>.

Thank you to the parents for getting them to the practices, I know the commitment this takes, especially when they don't drive yet. Also, thank you for the help in getting them to Gainesville.

## Whip-Cracking News...

Thanks to all you out there who helped with the First Annual Olde Time Story Telling and Whip Cracking Contest. It took a lot of work from a lot of folks and you are greatly appreciated. From the count, most crackers did pick up their t-shirts, but if yours did not, please get in touch. Any suggestions for next year are greatly appreciated. The highlight seemed to be the storytelling, and a special thanks to Buster Longino and Les Murphy, and to all the judges and support folks.

Happily, we did discover a local whip builder, Tim Sumner, who gave us so much support, including whips for the first place winners of the 3 youth categories. Thanks to the incredible support, we were able to purchase 4 whips as a "whip library", so clubs could borrow them for a couple weeks to decide if it was something the members wanted to do before purchasing their own.

These were our winners:

Whippersnapper (8-11) First - Natacha Stutzman  
Second - Nicole Wittmer  
Third - Tayla Graber

Junior (12-15) First - Ariel Stutzman  
Second - Chris Futch  
Third - James Raulerson

Senior (16-18) First - Jesse McKinley  
Second - Datev Gallagher  
Third - Nick Bass

Open (8 through whatever, not associated with a 4-H club)  
First - Kleau Lewis  
Second - Colin Lambertson

Thanks to all our crackers. You adults out there, think about the open category next year as a fun way to be involved with your kids. Once again, thanks to everyone and please call with suggestions or a request to borrow whips. Mari-Jean Melissa (941)586-5576



## Danielle Padgett

### Goes To Washington!

During spring break I had the opportunity to attend the trip of a lifetime, National 4-H Conference in Washington D.C. In June I submitted a portfolio of my 4-H accomplishments to the State 4-H Program. My application along with hundreds of others was reviewed and I was one of 13 members selected for an interview. I was then interviewed by a panel of judges who chose four people to attend this exciting event.

Being selected to attend National 4-H Conference is the highest honor that can be bestowed on a Florida 4-H member. The week long trip to Washington D.C. was an amazing experience. There were 4-H members from 47 states and Puerto Rico. We spent time in roundtable discussions, talking about ways to improve the 4-H program nationwide. We shared ideas between states and learned how different 4-H programs could be by only crossing a state line.

All of the delegates to the conference were able to meet with their Senators and Representatives and spread the word about the 4-H Program, and the positive difference it is making in the lives of over 287,000 youth in Florida alone. We toured monuments, learned about the historical value of the city, and concluded our week with an evening cruise on the Potomac River. I made lasting friendships with 4-H members throughout the nation and had an experience that I will never forget.

I would encourage all of you to learn more about the opportunities available to you, and take advantage of all of them.



## Look What We Did...

### Small Animal Barn Results

#### **Cavy:**

Best Of Show—Allison Bisel  
Reserve of Show—Meagan Smith

#### **Rabbit:**

Best of Show- Sofia Annis  
1st Reserve of Show- Brittney Thompson  
2nd Reserve of Show- Sofia Annis  
Jr. Superior Exhibitor-  
Brittany Thompson  
Sr. Superior Exhibitor- Sofia Annis

#### **Poultry:**

Best of Show—Hannah Smith  
Reserve of Show- Roy Thompson  
Best Bantam- Roy Thompson  
Reserve Bantam-Sofia Annis  
Best Standard Fowl- Joseph Hurst  
Reserve Standard Fowl- George Birkhold  
Best Water Fowl- Hannah Smith  
Reserve Water Fowl- Brittney Thompson  
Best Miscellaneous- Erin Gilliland  
Reserve Miscellaneous- Erin Gilliland  
Best Goose- Joseph Hurst  
Reserve Goose- Michael Hurst

**Sarasota County Fair Show Results:** Beef Breeding Cow / Calf Pairs  
Grand Champion: Sydney Linthicum      Reserve Champion: J.R. Welden

### County Council Report - Operation Military Kids; by Danielle Padgett

Members of Sarasota County Council have been busy planning, preparing and carrying out the third community service project for OMK this year. We have been involved with the families of the 3/116<sup>th</sup> Field Artillery MLRS part of the 651<sup>st</sup> MP Company based in Arcadia. This group has 157 soldiers and most are currently deployed to Iraq.

Our third project with them occurred April 15<sup>th</sup> at Morgan Park in Arcadia. We planned and carried out children's crafts at their Easter Party and picnic. They enjoyed making wreaths, bunny magnets, picture frames and door hangers. A special treat was repotting their own colorful flower in a 4-H pot to take home.

A big thank you goes out to the Green Team 4-H Club for providing the flowers, pots, potting soil and a lot of man power for this event. We also took pictures of each child to go in a picture frame, developed it and sent it home with them. Our 4-H members helped hide the Easter Eggs and while they were out hunting them we set up an assembly line of items that the kids packed in shoe boxes to take home and mail to their dads. A previous donation of perfume and stuffed animals was used during this event. The stuffed animals were used as prizes for the Easter Egg Hunt and the perfume was used as door prizes for the wives of the deployed soldiers. Thank you to the 4-H members in Sarasota who donated these items.

We currently are collecting garage sale items to donate to them for their garage sale in May. Items may be dropped off at the 4-H Office by May 25<sup>th</sup>. We will also be helping with a summer fun day for the children this summer. If you are interested in helping with the OMK program call Marcia Morris at the 4-H Office 861-9814 or Danielle Padgett at 925-3175.

## News from Out There



### Ridin' Rednecks by Robyn Rees

Congratulations to Danielle Padgett for being one of four 4-H'ers from our state selected to travel to Washington D.C. for a forum on ways to improve 4-H. Danielle reported to us at our meeting about the trip, what they learned, and, oh yeah, it was fun!!!

We are very proud of the job well done that all our members did at the fair. We had a discussion about the fair, the good things, and the things we would like to see changed in the future. All in all, the fair was a wonderful experience, and we look forward to next year!

Our 4-H year is winding down, and we are making plans for our banquet to be held at the Potter Building on April 29<sup>th</sup>, where we will hand out awards, and recognize the buyers of our projects, thanking them for their support.

Our next meeting will be held on April 20<sup>th</sup> at Lakeview School cafeteria at 7:15. We decided to extend Easter and have fun coloring eggs with nail polish!

See you there!!!



## News From Out There...



### Mini Hooves of Sarasota 4-H Club

**By Jennifer Beaumont and Shelby Stasik**

WOW! What a busy time we have had. We finished the County Fair and then we had a Horse Show the next week-end. Our kids did a GREAT job showing their horses at the County Fair we would like to thank the 4H Office and the Fair Board for putting on the show. We would also like to thank Nimie Gill for letting us have our club horse show at Paragon Farms and for Judging all of us and for the advice that she gave us. Congratulations to all the kids who attended the shows.

A special congratulations to all of our Cloverbuds who had their first time ever showing you all did great! Thanks to all the parents who helped with our shows. Thanks to Paige Farr who was our announcer at the county fair and at the Paragon Horse show.

### Wood Crafters; by Lisa Richards

Wood shavings from the Wood Crafters, Everything is going well for our new club. We are getting ready for a great year. We had our open house Sunday, April 23rd. The Wood Crafters are still open to all those who want to join including cloverbuds. If you have any questions feel free to call us at: home- 953-7920 or cell- 350-9131

### Clogging Clovers:

**by Rebecca Griffin**

We had a really fun Easter party! It was at our meeting on April 12th. We hunted for candy filled, plastic eggs around the building. In the egg was a song on paper and we had to clog to it! Then Crystal gave us Easter baskets filled with candy, gum, bunny ears, and a stuffed chick or bunny! We ate snacks and had soda while we had our meeting. It was so fun! For community service we raised a lot of money for Lupus research. We did the Lupus Walk on April 23rd. Our club is going to an awesome clogging convention. It is the Florida State Clogging Convention on May 26th and May 27th! I hope it will be really fun!!! We will learn new dances to clog to next year at fair. See you soon!

-Rebecca Griffin, Club Reporter

### Canine Connections; by Brandon Ramirez

We've had a busy March! We ended February doing agility and obedience demos at a Pug Parade! We also had a bake sale that went great and we earned a lot of money for our club!

In March we kept working our dogs to get ready for the Sarasota County fair. We also did another agility demo at the Paws in the Park. All that training paid off as four of our members showed in the Sarasota Fair and all came away with lots of ribbons! Morgan and her dachshund, Ginger, took a 2nd in a large Jr. Showmanship class and a 1st in agility. Rachael and her sheltie, Dora, took 1st in their showmanship class, a 2nd in agility and a 1st in obedience. In addition, Rachael earned 3rd place High Point Junior. Brandon and his Am. Staff. Terrier, Flame, took 3rd in obedience and 1st in agility. Brandon and his Am. Staff. Terrier, Cutter, took 1st in showmanship, 1st in obedience and 1st in agility earning them the Junior High Point Award! Molly and her Soft-Coated Wheaten Terrier, Noelle, took 1st in obedience and 2nd in agility. Molly and her sheltie, Brady, took 1st in showmanship and went on to win the Best Junior Showmanship award, In addition, Molly and Brady earned a 1st in obedience and a 1st in agility, and as a result earned the Senior High Point Award! Molly also earned the Senior Superior Exhibitor award based on her record book score plus her high scores with Brady.

### Kelly Community Clovers: by Ashley Gainey

We had our meeting on April 11 and we talked about what we did at the fair. We had two of our members get Best of Show, Dee Dee Burgos in Clothing and Jessica Gainey in Horticulture -Ornamental. Our club did good in the Craft-barn and this year we had some rabbits and covies in the small animal tent. Jessica Gainey had 5 rabbits and 2 covies. Dee Dee Burgos had 1 cavy. Ashlee Gainey had 1 rabbit and 1 cavy. We also worked in the elephant ear booth.

Thank you to everyone that helped us, and congratulations to everyone who participated at the fair!

If you are interested in joining our club call 365-5574. Our next meeting is April 28th at 6:00 pm.

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### Open Gaits: by Courtney Buckney

Howdy 4-Hers! Congratulations to Courtney, Calyn, Rosie, Alex, and Casey, for participating in the county fair. They all won lots of blues! Courtney and Calyn participated in the Paws in the Park walk for the Humane Society.

Calyn and Rosie will be competing at the Area E horse Show. Good Luck! Calyn is also competing at the April 22nd dog show in Tampa.

What a busy and fun month we have coming up!



## News From Out There...

### Green Team; By Laura Knipper

April 11th was our officer election day! To prepare for voting on the new officers we were lead in a leadership workshop by Sean Russell, and Kayleigh and Calvin Likens. We participated in 2 short activities to help us think more about leadership. First we each made a leadership acronym with our names. In other words, we wrote down our initials and then thought of a word for each initial that had something to do with leadership. The second activity we did was very simple, yet made some important points. Everyone wrote down what they thought a leader should be, and then shared it with the other members. To finish our workshop, Kayleigh and Calvin shared with us some leadership myths. Then Sean and Mrs. Clark joined them, and told us about vision, communication, empowerment, and action, all things a good leader should have.

After the workshop, we voted on two things. First, should we adopt turtle beach? Yes - won by a majority. The other was, if you miss more then two meetings a year, should you have probation? We voted yes to this also.

Next, we had our officer elections! Everyone will do great in their new positions. Here are the results of our election: Sean Russell-President, Jared Padgett-Vice President, Secretary-Laura Knipper, Treasurer-Calvin Likens, Reporters-Kayla and Megan Knipper, County Council Delegate-Kayleigh Likens, Alternate Delegate-Laura Knipper, Historian-Brad Boserup, Sergeant at Arms-Clayton Wilson, Dane and Jena Dardross, Chaplain-Autumn VanRiper, Safety Officers-Amber and Rachael VanRiper.

Also at our meeting, we discussed the Operation Military Kids project some members will do on April 15th in Arcadia. Then, we completed planning our end of the year party at Siesta Beach, on May 13th.

Last, but not least, we did a simple, but fun craft. We painted over and around leaves on top of paper, to make lovely leaf silhouettes. We had a fun time trying to identify the many leaves we used.

Well, until next time.....keep on making the Best, BETTER!

### Miakka Allstock: by Kaci Duggan

Hey Everyone,

This month we elected our new officers for next year, and they are as followed:

President: Drayton Lutz

Vice President: Tessa Cunningham

Secretary: Alissa Cunningham

Treasurer: George Birkhold

Reporter: Arielle Macuch

Historian: Mary Birkhold & Bailey Martin

County Council Delegate: Sarah Birkhold

County Council Alternate: Christine Norman

Chaplin: Carly Scarbrough

Sergeant at Arms: Nicole Wittmer & Samson Jones

Election Leader: Jamie Bland

### Sarasota Swine by Rebecca Griffin

Hi everyone! Good luck to everyone going to District Events held in Manatee County. Thanks to Virgie Franklin for buying our club pig at the Sarasota County Fair. We appreciate your support to our club and to 4-H youth.

Bye for now!

### Sarasota Sharpshooters; by Hannah Walker

On Sat. Apr. 15, we went to Camp Ocala for a Muzzle-loader and Archery Competition.

Boy! Did we have fun!

Daniel Brown and Marty Dietz competed in the muzzle-loading event.

Daniel placed second and qualified for Nationals.

Marty placed fifth after having gun trouble.

The Archery competition was tough, with ninety participants.

The Sharpshooters had Seth Day and Christina Morgan shooting in the recurve longbow intermediate class Trey Dietz (shooting with a broken arm) and Wyatt Morgan in the recurve longbow Jr. class.

Christina placed second in the intermediate class and Wyatt in the Jr. class.

Seth and Trey received honorable mention.

High Five, teammates! Great Job!

Come join us and have fun.

The Sarasota Sharpshooters meet the fourth Monday of each month at 7 P.M. at the Bee Ridge Women's Club.



# Make Your Plans NOW!



## May 2006

- 3 Project Workshop
- 6 4-H District Events
- 8 Foundation Meeting
- 10 Horse Advisory Meeting
- 13 Junior Congress, Twin lakes Park
- 14 Happy Mothers Day
- 15 Congress Registration Due
- 18 Seining Trip
- 29 Memorial Day (4-H Office Closed)

## June 2006

- 14 Flag Day
- Horse Advisory Meeting
- 15 Camp Counselor and CIT Orientation
- 16 Fishing Tournament
- 18 Father's Day
- 23 State Horse Events, Gainesville
- 26-30 Legislature, Tallahassee
- 27-29 Hog & Ham, Gainesville
- 30 County Record Books & Officer Books DUE

**Reminder: No Leader  
or Council Meetings  
until August!**

## New Florida 4-H age divisions to be implemented on September 1, 2006

### Ages 5-7 - Cloverbud Division

Children under 8 years of age are ineligible to participate in competitive activities at any level (Club, County, District, State, National or International). 5-7 year olds may exhibit or share project activities at a participation level (for feedback), against a predefined standard. Participation awards should be given to this group, but they should not be involved in Peer Competition.

### Ages 8-10 - Junior Division

Any 4-Her 8-10 years old as of September 1 of the current 4-H program year is considered a junior. Only junior, intermediate and senior 4-H'ers can participate in large animal projects or activities which involve direct contact with the animal.

### Ages 11-13 - Intermediate Division

Any 4-H'er 11-13 years old as of September 1 will be considered a intermediate.

### Ages 14-18 - Senior Division

Any 4-Her 14-18 years old as of September 1 will be considered a senior. Senior level 4-H participation in Florida begins at age 14, but the 4-Her must not have passed their 19th birthday or graduated from high school.



**Happy Birthday!** Mary Birkhold, Allison Bisel, Aaron Bontrager, Emily Bowman, Amanda Boyd, Danielle Brantley, Rebecca Brantley, Trevor Brown, John Bryant, Noah Bryant, Madison Chapman, Matthew Christopher, Skye Deutsche, Mercedes Elizalde, Erin Gill, Samantha Harthoorn, Michael Hurst, Brittani Kelly, Matthew Koss, Lara Leahey, Shelbie Lee, Lane Lewellyn, Kayleigh Likens, Carissa Mann, Rebekah March, Greg Marchand, Matthew Marchand, Janae McLane, Jennifer McLane, Gabrielle Mollin, Renee Murphy, Sarah O'Brien, Madeline Pruet, Marie Reners, Amanda Robinson, Hallie Rogers, Bree Scarbrough, Leif Schorpen, Hunter Shaffer, Nicole Shaw, Julie Shoults, Meagan Smith, Victoria Turner, Casey Tuzik, Amber VanRiper, Benjamin Via, Anthony Wagler, Hannah Walker, Niki Wallace, JR Welden, James Wells, Bianca Wimmer, and Rebeka Wolfe.

**Happy Birthday  
to YOU!!!**

